

SUNDAY
27th October 2019
Pentecost 20
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk

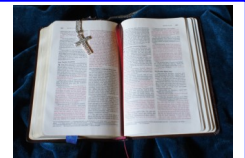


EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD



+ **First Reading : Sirach 35:12-17**

+ **Psalm 84:1-8 (Responsive by the Verse)**

How dear to me is your dwelling, O Lord of hosts!

My soul has a desire and longing for the courts of the LORD; my heart and my flesh rejoice in the living God.

The sparrow has found her a house and the swallow a nest where she may lay her young;

By the side of your altars, O LORD of hosts, my King and my God.

Happy are they who dwell in your house! they will always be praising you.

Happy are the people whose strength is in you! whose hearts are set on the pilgrims' way.

Those who go through the desolate valley will find it a place of springs, for the early rains have covered it with pools of water.

They will climb from height to height, and the God of gods will reveal himself in Zion.

LORD God of hosts, hear my prayer; hearken, O God of Jacob.

Behold our defender, O God; and look upon the face of your Anointed.

+ **Second Reading : 2 Timothy 4:6-8,16-18**

Gradual Hymn / Alleluia

+ **The Holy Gospel : Luke 18:9-14**

PRAYER REQUESTS

We pray... for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the Kurdish people and our brothers and sisters in Syria. For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church of Ceylon : Archbishop Justin Welby of Canterbury, Bishjop Dhiloraj Ranjit Canagasabey of Clombo & Bishop Keerthisiri Fernando of Kurunegala

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Philip S, Janet S, David T, Jaime W, Rachael W, Sandra W, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St Margaret's, Aberlour. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Gilly D. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Through the gospel, the Lord Jesus calls us to share in his glory. Let us make our prayer with him to our heavenly Father.

– Lord, in your mercy hear our prayer.

We pray for all nations: that they may seek the way that leads to peace, that human rights and freedom may be everywhere respected, and that the world's resources may be generously shared.

– Lord, in your mercy hear our prayer.

We pray for the Church: that her leaders may be faithful ministers of your word, that all her members may be strong in faith and hope and that you may be recognized in the love she bears to all.

– Lord, in your mercy hear our prayer.

We pray for our families, and the community in which we live: that we may find you in them.

– Lord, in your mercy hear our prayer.

We pray for ourselves: that in the coming week we may serve others in our work, and find peace when we rest.

– Lord, in your mercy hear our prayer.

We pray for the faithful departed: that through your mercy they may rest in peace.

– Lord, in your mercy hear our prayer.

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer.

Black Isle Charge Diary

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY

3:30- 6pm : Fr Mel with Cromarty Pipers

7:00pm Eucharist in St Regulus', Cromarty

WEDNESDAY

10:00am : Study Group in Rectory (1 Corinthians)

10:00am – 1:00pm : Charity Shop

3:30-6pm : Fr Mel with Fortrose/Avoch Pipers

THURSDAY

10:00am : Eucharist in St Andrew's, Fortrose

4-5:30om : Fr Mel with Fortrose, N Kessock & Arpafeelie Pipers

7:30pm : Hope in an age of Despair (see next page)

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

10am : Eucharist for All Saints' Day in St Andrew's

SATURDAY

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : COFFEE MORNING in Fortrose Town Hall.

NEXT SUNDAY : 3 November 2019 - ALL SAINTS' SUNDAY

EUCCHARIST

8am & 11:30am in St Andrew's

9:45am in St John's

RESERVED SACRAMENT

9:45am in St Regulus'

EVENSONG

4:30pm in St Andrew's

READERS & INTERCESSORS

(Dan 7:1-3, 15-18 / Ps 149 / Eph 1:11-23 / Lk 6:20-36)

St A : Joan D / Jan M / Ramsay M / Heather I

St J : Gill P / Bridie G / Susanna L / Donald G

HOPE IN AN AGE OF DESPAIR

Six sessions on Hope in an age of Despair - by Albert Nolan

Thursday evenings beginning on 17th October and finishing on 21st November

7.30 - 9.00 at Old Barns, 7 Nicol Terrace, Cromarty

- 1) God: our hope against hope
- 2) Taking sides: God sides with the oppressed
- 3) Reading the signs of our times
- 4) Contemplation: empathy with God
- 5) Speak out: truth to power
- 6) Seizing our moment: the gospel of hope for this generation.

ALL SOULS' REMEMBRANCE

All Souls' Day falls on a Saturday this year.

I propose we remember our Loved Ones in the following week with Requiem Masses: Tuesday the 5th in St Regulus at 7pm : Wednesday the 6th in St John's at 1pm : Thursday the 7th in St Andrew's at 10am.

Forms for the requesting of names are available in each church. Please fill them out and return them to the Rectory by 31 October.

FEAST OF SAINT ANDREW THE APOSTLE

29 Nov at 7pm in St Andrew's...followed by a reception in the Rectory. Mark your calendars & plan to be present.

3RD THURSDAY NEWS Following the Thursday Eucharist we have coffee and chat, but on the third Thursday of the month we have cake and make a wee donation to charity. It was decided to support African grandmothers who are caring for their grandchildren orphaned by AIDS. Money is sent via the Stephen Lewis Foundation in Toronto, who visited St. Andrew's a few years ago and did a presentation. We recently received a letter from the Foundation to let us know that our contributions are helping with payments for school fees and materials, support groups, and provision of income-generating activities for the grandmothers and carers. In the last couple of years we've raised £600 in our small group and it's good to know how it's making a difference.



CHRISTMAS OR HOGMANAY WITH A DIFFERENCE!

Can you make some room for an international student to learn what true Scottish Festive hospitality can mean? Should you like to add that international element to your Christmas or New Year, learning the traditions of other countries and enjoying the connection and friendship that such sharing brings?

HOST UK arranges for international students to enjoy brief homestays with UK hosts, for a weekend or, over the festive period, a three day visit. Currently there are around 30 hosts in the North of Scotland but we need more. If you would like to know more, visit our website www.hostuk.org or contact Monika the voluntary Regional Organiser, based in Lochinver, via email at monika.strell@gmail.com or 01571 844094

Your gift to the World this Christmastime or New Year

No wrapping paper required-no ribbon or tags, just knowing that by offering hospitality to a Stranger-Soon-To-Become-Friend, the difference it will make will stay with you and your guest long after recycling the wrapping paper, storing decorations and finishing off the cold turkey!

Here at HOST UK we offer you the opportunity to engage in an extra special Christmas-time or New Year by opening your home to an international student for whom the alternative would be, not only being far from home and loved ones but marking time in lonely halls of residence.

HOST UK arranges visits for International students all year round but as can well be imagined, festive season hospitality is greatly sought after and valued. Your guest will be someone keen to experience Scottish life with all its special traditions and culture...and keen to share those of their home country. Your hospitality will be a unique gift, invariably remembered and treasured. Your gift to each other and to the world will be that of growing friendship, peace and understanding.

Please consider this opportunity and remember that if the festive season is difficult for you, we do operate all year round and hosting can become one of your New Year Resolutions!

If you should like to know more, please go to our website www.hostuk.org or contact me via monika.strell@gmail.com or 01571 844094

Monika Strell

HOST UK Voluntary Regional Organiser - North of Scotland

PRE ADVENT, ADVENT CALENDAR

Because foodbanks need to have stores well in place for distribution at Christmas time, here is a suggestion we might follow helpful....much like the Reverse Advent Calendar that some have followed in recent years.

Those who are able, the calendar will start on All Saints' Day (1 Nov) and end on the Feast of Christ the King (24 Nov) with our collection of things being presented at the Altar!

Suggested items might include as follows:

Day Item

1	tin of beef stew	2	tin of potatoes
3	bag of rice	4	box of cereal
5	stuffing mix	6	macaroni & cheese
7	package of oat cakes	8	peanut butter
9	tin of corn	10	tin of carrots
11	shampoo and/or conditioner	12	deodorant
13	tinned meat	14	box of oatmeal
15	bag of sugar	16	ketchup
17	pasta	18	pasta sauce
19	cranberry sauce	20	long life juice
21	long life milk	22	hot chocolate mix
23	coffee	24	tea bags



And the King will say: I tell you the truth, when you did it to one of the least of these my brothers and sisters, you were doing it to me! Matthew 25:40

MEDITATION GROUP

The weekly Meditation Group is restarting at 7pm on Thursday 7th November, in the Vestry, at St Andrew s. Please note, this is an earlier start that in the past.

All welcome



Classic Film Club

2-4pm - First MONDAY of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

Monday Nov 4th	“Whiskey Galore”
Monday Dec 2nd	“Swing Time”
Monday Jan 6th	“The Big Heat”
Monday Feb 3rd	“Gigi”
Monday Mar 2nd	“The Best Exotic Marigold Hotel”
Monday Apr 6th	“Mildred Pierce”
Monday May 4th	“The Lady from Shanghai”
Monday Jun 1st	“The Keys of The Kingdom”
Monday July 6th	“ Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice,
tined tomatoes,
corn beef, and
cat and dog food



Thought for today

Every passing phase of life brings something to remember.
April dreams, the joys of June, the harvests of September.
Autumn with its mellow beauty has its compensations.
Winter, too, brings to the heart its own quiet consolations.

Hymns for Sunday at St Andrew's

Intro:	207	-	Praise to the Lord the Almighty
Gradual:	238	-	Blest are the pure in heart
Offertory:	249	-	Take my life and let it be
Communion:	255	-	Jesus thou joy
Recessional:	366	-	God of concrete

BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS –

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arpafeelie

Sunday 27th October 2019 - Pentecost 20

Jeremiah 14:7-10,19-22

Jackie MacNicol

Psalm 84

Diana Macdonell

2Timothy 4:6-8,16-18

Donald Graham

Luke 18:9-14

Prayers - Susanna Leslie



HYMNS

458 Name of all majesty

644 There is a Redeemer

288 I cannot tell

368 Just as I am

223 Go forth and tell

Diocesan Prayer Cycle -

For the congregation of St Margaret of Scotland, Aberlour: Roy Vincent.

Porvoo Communion

Church of England: Diocese of Carlisle, Bishop James Newcome, Bishop Emma Ineson

Church of Norway: Diocese of Stavanger, Bishop (Vacancy – Constituted bishop/Cathedral dean Anne Lise Ådnøy)

Big thanks to Ian and Isla Cruden for putting up the new lights, to Donald Graham for painting the shed.

Men's Breakfast Group meet this Saturday 9am at Fortrose Café.

Church Rotas

St Andrew's

Readers & Intercessors

A Garraway / S Spence / H Ireland / J Deakin

Sides-men

Ann McGhee

Servers

Jan / Terry / Alison

Jan and Heather

Sacristan

Ann McGhee

Flowers

Heather Ireland

Teas

Heather Ireland

Cleaning

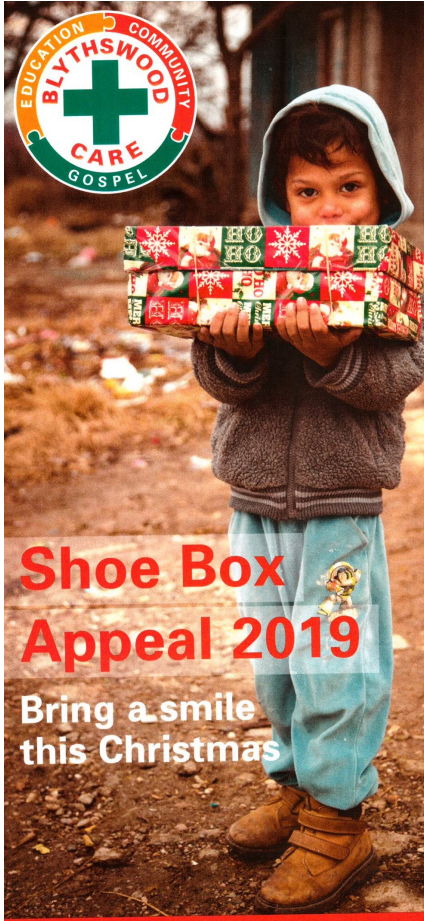
Ann McGhee

St John's

Teas Jackie

Sacristan Jackie

Server Gill



Shoe Box Appeal 2019

Bring a smile this Christmas

2019 Shoe Box Appeal

Members of all three congregations, friends and neighbours are invited to take part in this year's shoe box appeal. It has been suggested that it might be beneficial to form a wee work group to pack boxes together. If you would be interested in being part of the group please contact Alison Garraway.

Alternatively, feel free to follow the guidelines and pack your own box.

6 steps to bring happiness

1. FIND

Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.

2. WRAP

Wrap your box and lid separately so that the lid can be removed without tearing the paper.

3. PACK

Gather the items, remove any excess packaging and pack into the box.

4. CHECK

On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

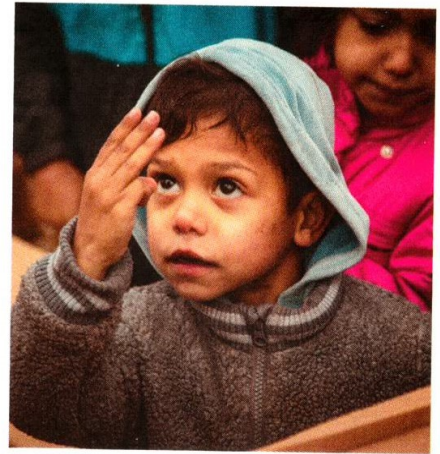
5. DONATE

Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

6. DELIVER

Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.)

Deliver your box to your local collection point.



For Christmas delivery your shoebox should be at your church, school or other collection point week commencing 28 October 2019



BOX CONTENTS: Please see the check list on the following page. If you are putting your own box together, please complete the check list and attach it to your shoe box.

Many thanks

CHECKLIST 2019

Please tick items included and firmly secure this list on your shoebox lid.

SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

- | | |
|---|---|
| <input type="checkbox"/> Toothbrush and Toothpaste | <input type="checkbox"/> Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys. |
| <input type="checkbox"/> Hat, scarf, gloves | <input type="checkbox"/> Sweets (No chocolate or any other food) 'Best Before' date no earlier than March 2020. No loose sweets, lollies or undated bags of sweets. |
| <input type="checkbox"/> Soap | |

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors
- Underwear Socks/Tights

- Household Candles
- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

-
-
-
-

Miscellaneous

- New Make-up
- Sewing Equipment

PLEASE TICK THE BOX NEXT TO WHO THE BOX IS FOR

Please specify the age of the girl or boy you have filled this box for:

- | | |
|--|---|
| <input type="checkbox"/> Girl - age | <input type="checkbox"/> Boy - age |
| <input type="checkbox"/> Teenage Girl - age | <input type="checkbox"/> Teenage Boy - age |
| <input type="checkbox"/> Woman | <input type="checkbox"/> Man |
| <input type="checkbox"/> Elderly woman | |

Tear along the perforation to detach this panel and secure to the outside of your shoebox

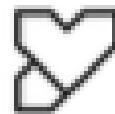
Black Isle Youth Fellowship Saturday

**2nd Nov
and 30th Nov**

all in P6 - S4 welcome

A monthly programme exploring the Bible through
games, video and discussion

with



Highlands & Islands
**YOUTH
FOR CHRIST**

7-8:30pm

NEW VENUE

the new Fortrose Free Church Hall

for more information contact Dave / Sally Knight
daveandsallyk@gmail.com