

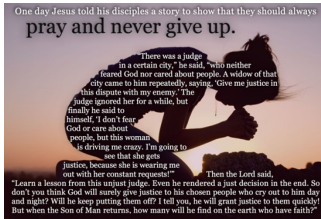
SUNDAY
20th October 2019
Pentecost 19
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

+ First Reading : Genesis 32:22-31

+ Psalm 121 (Responsive by the Verse)

I lift up my eyes to the hills; from where is my help to come?

My help comes from the LORD, the maker of heaven and earth.

He will not let your foot be moved and he who watches over you will not fall asleep.

Behold, he who keeps watch over Israel shall neither slumber nor sleep;

The LORD himself watches over you; the LORD is your shade at your right hand,

So that the sun shall not strike you by day, nor the moon by night.

The LORD shall preserve you from all evil; it is he who shall keep you safe.

**The LORD shall watch over your going out and your coming in,
from this time forth for evermore.**

+ Second Reading : 2 Timothy 3:14-4:5

Gradual Hymn / Alleluia

+ The Holy Gospel : Luke 18:1-8



PRAYER REQUESTS

We pray... for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the Kurdish people and our brothers and sisters in Syria. For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church of the West Indies.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Ross J, Pauline J, Claire N, Colin P, Lesley P, Roberta R, Louise S, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of Christ Church, Huntly; Holy Trinity, Keith; Gordon Chapel, Fochabers; St. Michael, Dufftown and St. Marnan's, Aberchirder. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Gilly D. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

The world is ablaze with the glory of God, who cares for his chosen people with infinite love. In the name of the Church we pray: - *Lord, show your love to all.*

Be mindful of your Church: keep her free from evil and make her perfect in your love.

- *Lord, show your love to all.*

Let all peoples acknowledge that you alone are God, and that Jesus Christ is your Son; give them the light of faith. - *Lord, show your love to all.*

Grant to those around us all that they need, so that they may know thankfulness and live in peace.

- *Lord, show your love to all.*

Keep us mindful of those whose work is hard and unrewarding: may we give every person the respect which is their right. - *Lord, show your love to all.*

Give peace to those who have died today; grant them eternal rest.

- *Lord, show your love to all.*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer

Black Isle Charge Diary

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY

7:00pm Eucharist in St Regulus', Cromarty

WEDNESDAY

10:00am : Study Group in Rectory (1 Corinthians)

10:00am – 1:00pm : Charity Shop

THURSDAY

10:00am : Eucharist in St Andrew's, Fortrose

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

SATURDAY

10:00am – 1:00pm : Charity Shop

10:00am : Men's Brekky at the Fortrose Café - All are welcome!

10:30am – 12 noon : COFFEE MORNING in Fortrose Town Hall.

NEXT SUNDAY : 27 October 2019 - PENTECOST 20

EUCCHARIST

8am & 11:30am in St Andrew's

9:45am in St John's

9:45am in St Regulus'

EVENSONG

6:30pm in St Andrew's

READERS & INTERCESSORS

(Sir 35:12-17 / Ps 84 / 2 Tim 4:6-8,16-18 / Lk 18:9-14)

St A : Alison G / Simon S / Heather I / Joan D

St J : Jackie N / Diana M / Donald G / Bridie G

TABLE TOP SALE NEWS

Glad to report that just over £330 was raised at the recent Table Top Sale !!! Well done to all!

Looking forward to our Christmas Sale...Santa suit at the ready hahaha!

ALL SAINTS' DAY

The External Solemnity of All Saints (what a major holy day is called when shifted to the following Sunday J) will be kept on Sunday the 3 of November

ALL SOULS' REMEMBRANCE

All Souls' Day falls on a Saturday this year.



I propose we remember our Loved Ones in the following week with Requiem Masses: Tuesday the 5th in St Regulus at 7pm : Wednesday the 6th in St John's at 1pm : Thursday the 7th in St Andrew's at 10am.

Forms for the requesting of names are available in each church. Please fill them out and return them to the Rectory by 31 October.

REMEMBRANCE SUNDAY

10th November is Remembrance Sunday...Plan to be present for observances.

FEAST OF SAINT ANDREW THE APOSTLE

The Feast of our National & Diocesan Patron and Feast of Title of St Andrew's, Fortrose will be celebrated on its Eve (29 Nov) at 7pm in St Andrew's...followed by a reception in the Rectory. Mark your calendars & plan to be present!



MEDITATION GROUP

The weekly Meditation Group is restarting at 7pm on Thursday 7th November, in the Vestry, at St Andrew s. Please note, this is an earlier start that in the past.

All welcome



Classic Film Club

2-4pm - First MONDAY of the month

The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

Monday Nov 4th	“Whiskey Galore”
Monday Dec 2nd	“Swing Time”
Monday Jan 6th	“The Big Heat”
Monday Feb 3rd	“Gigi”
Monday Mar 2nd	“The Best Exotic Marigold Hotel”
Monday Apr 6th	“Mildred Pierce”
Monday May 4th	“The Lady from Shanghai”
Monday Jun 1st	“The Keys of The Kingdom”
Monday July 6th	“ Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am - 1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice,
tinned tomatoes,
corn beef, and
cat and dog food



Thought for today

little by little
day by day
what is meant for you
WILL find its way.

WWW.EDLESTER.COM

Hymns for Sunday at St Andrew's

Intro:	375 - I danced in the morning
Gradual:	392 - Lord Jesus, once you spoke
Offertory:	410 - O holy Father
Communion:	262 – Once only once
Recessional:	415 - Praise and thanksgiving

BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS –

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arpafeelie

Sunday 20th October 2019 - Pentecost 19

Genesis 32:22-31

Ann Danson

Psalm 121

Alan Danson

2Timothy 3:14—4.5

Susanna Leslie

Luke 18:1-8

Prayers Gill Pimm



HYMNS

458 Name of all majesty

644 There is a Redeemer

288 I cannot tell

368 Just as I am

223 Go forth and tell

Diocesan Prayer Cycle -

For the congregations of Christ Church, Huntly; Holy Trinity, Keith; Gordon Chapel, Fochabers; St. Michael, Dufftown and St. Marnan's, Aberchirder: Michael Last. Lay Readers: Jacqueline Kemp, Megan Cambridge

Porvoo Communion

Church of Sweden: Diocese of Växjö, Bishop Fredrik Modéus

Church of England: Diocese of Oxford, Bishop Steven Croft, Bishop Andrew Proud, Bishop Colin Fletcher, Bishop Alan Wilson

Church Rotas

St Andrew's

Readers & Intercessors

Sides-men

Servers

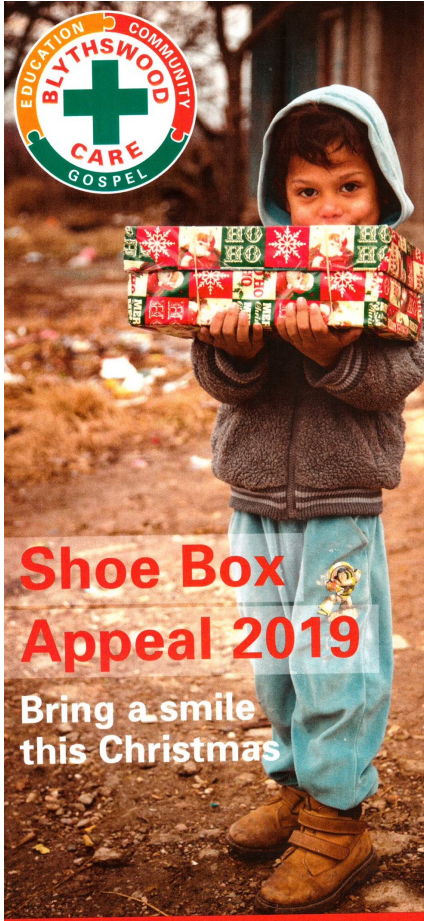
Sacristan

Flowers

Teas

Cleaning

St John's



Shoe Box Appeal 2019

Bring a smile this Christmas

2019 Shoe Box Appeal

Members of all three congregations, friends and neighbours are invited to take part in this year's shoe box appeal. It has been suggested that it might be beneficial to form a wee work group to pack boxes together. If you would be interested in being part of the group please contact Alison Garraway.

Alternatively, feel free to follow the guidelines and pack your own box.

6 steps to bring happiness

1. FIND

Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.

2. WRAP

Wrap your box and lid separately so that the lid can be removed without tearing the paper.

3. PACK

Gather the items, remove any excess packaging and pack into the box.

4. CHECK

On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

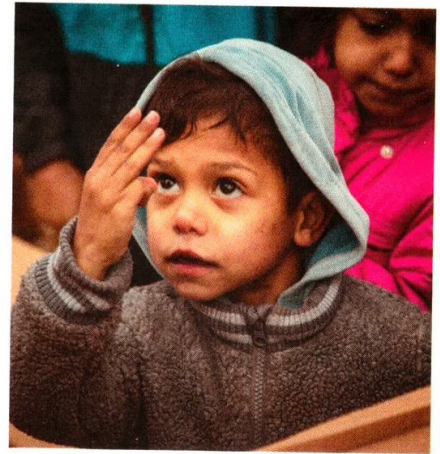
5. DONATE

Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

6. DELIVER

Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.)

Deliver your box to your local collection point.



For Christmas delivery your shoebox should be at your church, school or other collection point week commencing 28 October 2019



BOX CONTENTS: Please see the check list on the following page. If you are putting your own box together, please complete the check list and attach it to your shoe box.

Many thanks

CHECKLIST 2019

Please tick items included and firmly secure this list on your shoebox lid.

SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

- | | |
|-----------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Toothbrush and Toothpaste | <input type="checkbox"/> Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys. |
| <input type="checkbox"/> Hat, scarf, gloves | <input type="checkbox"/> Sweets (No chocolate or any other food) 'Best Before' date no earlier than March 2020. No loose sweets, lollies or undated bags of sweets. |
| <input type="checkbox"/> Soap | |

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- Shampoo
- Soap/Shower gel
- Face cloth/ Moist wipes
- Deodorant
- Moisturising Cream
- Comb/Brush
- Sanitary Products
- Shaving foam/Razors
- Underwear Socks/Tights

- Household Candles
- Screwdrivers/Pliers
- Kitchen Utensils

Stationery

- Pens/Pencils/Sharpener
- Notepads/Colouring books
- Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

Miscellaneous

- New Make-up
- Sewing Equipment

-
-
-
-

PLEASE TICK THE BOX NEXT TO WHO THE BOX IS FOR

Please specify the age of the girl or boy you have filled this box for:

- | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Girl - age
<input type="checkbox"/> Teenage Girl - age
<input type="checkbox"/> Woman
<input type="checkbox"/> Elderly woman | <input type="checkbox"/> Boy - age
<input type="checkbox"/> Teenage Boy - age
<input type="checkbox"/> Man |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|

Tear along the perforation to detach this panel and secure to the outside of your shoebox