

SUNDAY
6th October 2019
Pentecost 17
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
1 Dean's Road
Fortrose, Ross-shire, Scotland IV10 8TJ
Phone: 01381 622241 Email: mel@sagart.me.uk



EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

HARVEST THANKSGIVING in Fortrose and Arpafeelie

+ First Reading : Deuteronomy 8:7-18

+ Psalm 126



The LORD has done great things for us, and we are glad indeed.

The LORD has done great things for us, and we are glad indeed.

When the LORD restored the fortunes of Zion, then were we like those who dream. Then was our mouth filled with laughter, and our tongue with shouts of joy.

The LORD has done great things for us, and we are glad indeed.

Then they said among the nations, "The LORD has done great things for them." The LORD has done great things for us, and we are glad indeed.

The LORD has done great things for us, and we are glad indeed.

Restore our fortunes, O LORD, like the watercourses of the Negev. Those who sowed with tears will reap with songs of joy.

The LORD has done great things for us, and we are glad indeed.

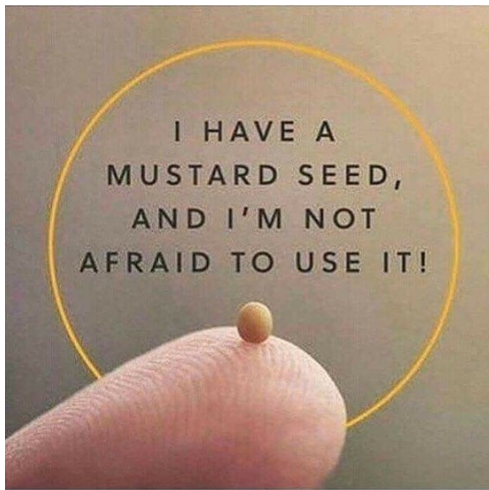
Those who go out weeping, carrying the seed, will come again with joy, shouldering their sheaves.

The LORD has done great things for us, and we are glad indeed.

+ Second Reading : 1 Timothy 2:1-7

Gradual Hymn / Alleluia

+ The Holy Gospel : Matthew 6:25-33



I HAVE A
MUSTARD SEED,
AND I'M NOT
AFRAID TO USE IT!

PENTECOST 17

at Cromarty

+ First Reading : Habbakuk 1:1-4;2:1-4

+ Psalm 37:1-6

Commit your way to the Lord and put your trust in him.

Commit your way to the Lord and put your trust in him.

Do not fret yourself because of evildoers; do not be jealous of those who do wrong. For they shall soon wither like the grass, and like the green grass fade away.

Commit your way to the Lord and put your trust in him.

Put your trust in the Lord and do good; dwell in the land and feed on its riches. Take delight in the Lord, and he shall give you your heart's desire.

Commit your way to the Lord and put your trust in him.

He will make your righteousness as clear as the light and your just dealing as the noon-day. Be still before the Lord and wait patiently for him.

Commit your way to the Lord and put your trust in him.

+ Second Reading : 2 Timothy 1:1-14

Gradual Hymn / Alleluia

+ The Holy Gospel : Luke 17:5-10

PRAYER REQUESTS

We pray... for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church of Wales : Archbishop John Davies.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Philip S, Janet S, David T, Jaime W, Rachael W, Sandra W, their families and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of Gordonstoun School. For Inverness Street Pastors. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For the Farmers, Crofters & Fisherfolk of the Black Isle and with thanksgiving for an abundant harvest! For Gail & Phil. For Peter & Margaret. For Matthew L & his family. For Gilly D. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

God is ever creative. His love renews all things and is the source of our hope. Let us turn to him in confidence:

– *Lord, accept our thanks and our prayers.*

We give thanks for the order of created things: you have blessed us with the resources of the earth and the gift of human life.

– *Lord, accept our thanks and our prayers.*

We give thanks for man's share in your continuing work of creation: we praise you for your gifts to him of inventive skill and creative vision.

– *Lord, accept our thanks and our prayers.*

We pray for all the nations of the world: may those in authority work for peace and goodwill among men.

– *Lord, accept our thanks and our prayers.*

We pray for all who are homeless today: we pray for families searching for a place to live, and for refugees driven from their homeland.

– *Lord, accept our thanks and our prayers.*

Life was your first gift to us: may those who have died come to its fullness in you.

– *Lord, accept our thanks and our prayers.*

Black Isle Charge Diary

MONDAY

11:00am : Internment of Janet Farquhar Stollery in Tore Cemetery
12:15pm : Eucharist in Inverness Cathedral

TUESDAY

3:30-6pm : Fr Mel with Cromarty children
7:00pm Eucharist in St Regulus', Cromarty

WEDNESDAY

10:00am : Study Group in Rectory (1 Corinthians)
6-6pm : Fr Mel with Fortrose children.
10:00am – 1:00pm : Charity Shop

THURSDAY

10:00am : Eucharist in St Andrew's, Fortrose
4-5:30pm : Fr Mel with Fortrose, etc children

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

SATURDAY

10:00am – 1:00pm : Charity Shop
10:30am – 12 noon : COFFEE MORNING in Fortrose Town Hall.

NEXT SUNDAY : 13 October 2019 PENTECOST 18 & HARVEST

EUCCHARIST

8am & 11:30am in St Andrew's (Pentecost 18)
9:45am in St John's (Pentecost 18)
(2 Kings 5:1-3,7-15c / Ps 111 / 2 Tim 2:8-15 / Lk 17:11-19)
9:45am in St Regulus' (Harvest)
(Deut 8:7-18 / Ps 126 / 1 Tim 2:1-7 / Mt 6:25-33)

NO EVENSONG

READERS & INTERCESSORS

St A : Lois M / Joan M / Betty M / Simon S
St J : alan D / Jackie M / Bridie G / Isla C

BLESSING OF PETS & ANIMALS - SUNDAY AFTERNOON - see page 13

TABLE TOP SALE



In aid of Black Isle Charge Funds

Saturday 12th October 2019

In the Seaforth Club Rooms, Station Square, Fortrose

10.00 till 12 noon

£10 per table

To book a table, contact Ann McGhee on 01381 620 110

Teas / coffees and cakes will be on sale

Hymns for Sunday at St Andrew's

Intro:	289 -	Come ye thankful
Gradual:	457 -	For the fruits of his creation
Offertory:	290 -	We plough the fields and scatter
Communion:	415 -	Praise and Thanksgiving
Recessional:	288 -	Praise, O Praise our God and King

A MEDITATION

By faith

I gaze up to the heavens,
and know
within its vastness
that this is your creation
planned and effected within eternity

By faith

I pluck an ear of corn,
and know
within its symmetry
lies the chemistry of life,
the potential of creation within my hand

By faith

I listen for your voice,
and know
the whisper that I hear
breathed a world into existence,
yet listens to the prayer within my soul

By faith

I strive to do your will,
and know
the door that I approach
may lead me to shadows,
where my roll is to become your light

By faith

I cling to your word,
and know
the strength that I receive,
has it's source within the love,
that is at the centre of all things

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am -1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice,
tinned tomatoes,
corn beef, and
cat and dog food



Thought for today

Burn what summer leaves behind in the autumn hours. Broken stalks, decaying weeds, dead wood and faded flowers. Burn the rubbish of the past. Pile it on the pyre. Grievances and grudges - fling them all upon the fire.

BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS –

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arpafeelie

Sunday 6th October 2019 -

Harvest

Year C1 2019	October 6 th G Harvest
Reading 1	Deuteronomy 8:7-18 Diana Macdonell
Psalm	Psalm 126 Isla Cruden
Reading 2	1 Timothy 2:1-7 Gill Pimm
Gospel	Luke 17:5-10
Prayers	Alan Danson



Please note that these are not the readings sent out on the new rota.

HYMNS

121	Come ye thankful people
705	We plough the fields and scatter
386	Let us with a gladsome mind
167	For the beauty of the earth
6	All creatures of our God and king

Diocesan Prayer Cycle -

For the congregation of Gordonstoun School: Chaplain – Philip Schonken.

Porvoo Communion

Church of England: Diocese of Liverpool, Bishop Paul Bayes, Bishop Beverley Mason

Church in Wales: Diocese of Monmouth, Bishop Richard Pain

Evangelical Lutheran Church in Denmark: Diocese of Haderslev, Bishop Marianne Christiansen

Church Rotas

St Andrew's

Readers & Intercessors

L Jeffery / H Ireland / M Hulse / D Williams

Sides-men

Bill Fraser

Servers

Elin / Alison / Jan

Alison and Joan

Sacristan

Anna Gierus

Flowers

Teas

Lois MacDonell.

Cleaning

Lois MacDonell

St John's

Black Isle Youth Fellowship

Saturday 5th Oct

all in P6 - S4 welcome

A monthly programme exploring the Bible through
games, video and discussion

7-8:30pm

NEW VENUE

the new Fortrose Free Church Hall

for more information contact Dave / Sally Knight

daveandsallyk@gmail.com

St Columba Regional Synod - Saturday, 5th of October 2019

(Inverness, Culloden, Nairn, Strathnairn, Strathspey, Black Isle, Glen Urquhart, Poolewe Kishorn, Kyle)

To Lay and Alternative Lay Representatives and all Clergy in the above area.

A welcome to all members of our congregations to attend in St Michael & All Angels Church, Inverness at 10.30 ~ Eucharist followed by Business Session

Agenda (Provisional) for Business Session

- 1 Diocesan Budget
- 2 Info for Lay Reps and Alt Lay Reps
- 3 Items from Provincial Synod 2019 - Items discussed and comments made
- 4 The future for Regional Synods - Attendance / Relevance / Importance
- 5 Diocesan Synod
- 6 Other Issues of concern to those attending

Tea and Coffee will be provided at the conclusion of the meeting (approx. 13.00)

Free Parking in Lochalsh Road and Telford Road, but not Abban Street

St Regulus Hymns

Opening:	699	Thou, whose almighty word
Gradual:	279	I know not why
Offertory:	200	Great is thy faithfulness
Communion:	323	I'm not ashamed to own my Lord
Closing:	708	To God be the glory

Classic Film Club

2-4pm

First MONDAY of the month

The Old Mill, 1, Marine Terrace,

Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

Monday Oct 7th	“A Night to Remember”
Monday Nov 4th	“Whiskey Galore”
Monday Dec 2nd	“Swing Time”
Monday Jan 6th	“The Big Heat”
Monday Feb 3rd	“Gigi”
Monday Mar 2nd	“The Best Exotic Marigold Hotel”
Monday Apr 6th	“Mildred Pierce”
Monday May 4th	“The Lady from Shanghai”
Monday Jun 1st	“The Keys of The Kingdom”
Monday July 6th	“Mutiny on the Bounty”

Come and enjoy a cuppa and the film in pleasant company!

FRIENDS OF DR GRAY'S

Dr Gray's 200 Celebration & Thanksgiving Service

Elgin Town Hall Supper Room, Sun 6th October at 3pm

(Doors open 2.30pm)

On 1st January 1819, Dr Gray's Hospital opened to provide care for the people of Elgin and the county of Moray

200 years later, as Dr Gray's, it continues to provide comprehensive care for over 100,000 people in Moray and West Aberdeenshire

The healthcare Chaplains and Friends of Dr Gray's invite you to a unique non-denominational service, with music and historical readings, to celebrate this major anniversary

All Welcome

Retiring Collection for Friends of Dr Gray's

Refreshments

For further information, contact: enquiries@friendsofdrgrays.org

Harvest Appeal



HELP SUPPORT YOUR FOODBANK WITH DONATIONS OF FOOD THIS HARVEST

Donating an item or two from our shopping list will ensure we can provide food to help people in crisis.

Thank you!

Shopping List

Long Life Juice
Tins of Potatoes
Tins of Mince/Stew
Oatcakes/Crackers
Tins of Ham
Shower Gel/Shampoo



Email: foodbank.admin@blythwood.org
Telephone: 01463 717630
www.blythwood.org
Registered Charity No: SC048001

"Dear friends, here is an update certificate from Blythwood on the Black Isle Charge's donations to the Highland Foodbank - 383.54kg from Jan-Jul 2019!! Well done! The staff at Blythwood are always very appreciative of all our donations on behalf of those who they go to help - the specific items that we have been collecting (rice, tins of tomatoes, corned beef, and pet food) are still all very useful. When you are choosing what to donate, it might be helpful to know that they tend to have plenty of soup, pasta, baked beans and cereal, and that they are often short of oatcakes and crackers. All items need to be non-perishable, in-date, and in unopened original packaging. There is a supply of bags next to the donations box that can be used and which will then be recirculated."

The Foodbank are running a special Harvest Appeal, and below is a poster which details the specific items that they have asked up to collect. St Andrew's Harvest Festival will be Sunday 6th October, and donations can be placed under the alter in the week leading up to that Sunday. Thanks again to you all."

Heather

CONGRATULATIONS

To the

Congregations of the
Black Isle Charge

Let's continue to make
dreams come true for
those who are struggling
to make ends
meet.

Thank you



Thank you to
Black Isle Episcopal Churches
who are supporting
Highland Foodbank
and have from Jan-Jul 2019
donated **a huge total of**
383.54kgs of food!



*Without your donations our work
would simply not be possible.*

Highland Foodbank is part of the work of Blythwood Care Scottish Charity No. 021848



BLESSING OF PETS

& all Animals

In honour of

SAINT FRANCIS OF ASSISI

and in support of

The Munlochy Animal Aid Centre
in Munlochy (near the A9 junction)

**A brief, fun service on
Sunday the 6th of October
at the Centre
at 3:00pm**

Followed by refreshments.

**PLEASE, as you are able,
be prepared to make a donation**

Highland Church History Forum

Public Lecture

'Devils, Demons, and Deliverance' the Celtic Faith of St Columba'

by Rev Dr Bruce Ritchie

Monday 7th October 2019, 7.30pm
Dingwall Free Church

Signed copies of Dr Ritchie's book will be
available for sale



Dear All

Further to my email of 20 June 2019, when I wrote to you about our competition launch, "Parish Pixels", we're asking churches to send us just one photo and one sentence that shows how special and unique their church is. To date we have received over 160 entries from across the UK to show just how wonderful and irreplaceable each and every church and congregation is.

The competition will be judged in two stages, the first of which will be on a regional basis and involve regional judges, and the second will involve a public vote and a national judging panel to choose the overall winner from each of the nine regional winners.

I am writing to invite two representatives from the **Scottish Area** to be part of your regional judging panel. Our team will review the entries and send you a selection of the best ones from your region according to our judging criteria by the end of November 2019. There are 9 regions involved, which represent the 7 regional areas of the Church of England, plus Scotland and Wales. We have regionalised the Dioceses as per the attached document.

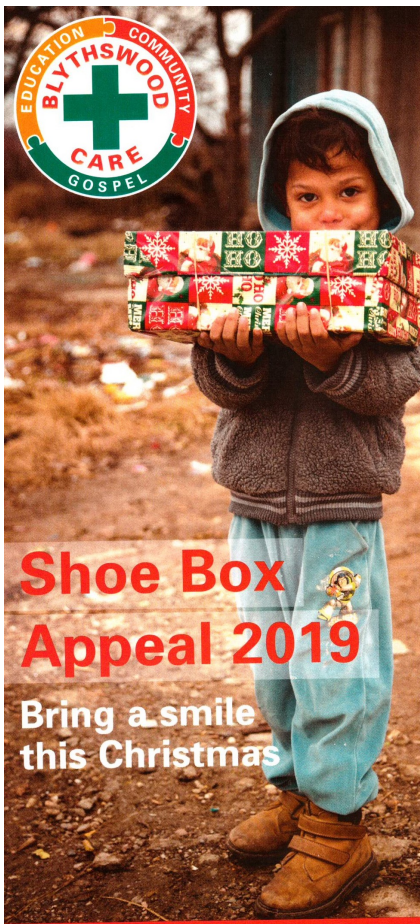
The regional judges will, along with a representative from Ecclesiastical, decide on the winning entry from your region before mid-January 2020. Once all the regional judging is complete, we will announce the winners before the end of February 2020, and give each region a donation of £500 to be used towards a celebratory event for your local winner. We will also send a representative from Ecclesiastical to your event and present the winning church with their prize money of £1,500. They will then be put forward to the national judging panel and be in with a chance of winning a further £5,000!

All the regional winners will be invited to send representatives from their church to a celebratory event in October 2020 where we will announce the overall winner as well as showcasing the wonderful photographs entered into the competition.

There is still time for churches to submit an entry and all the information about the competition, including the downloadable entry form, full terms and conditions and posters, is available on our website at www.ecclesiastical.com/parishpixels.

I look forward to hearing from you.

Michael



Shoe Box Appeal 2019

Bring a smile this Christmas

2019 Shoe Box Appeal

Members of all three congregations, friends and neighbours are invited to take part in this year's shoe box appeal. It has been suggested that it might be beneficial to form a wee work group to pack boxes together. If you would be interested in being part of the group please contact Alison Garraway.

Alternatively, feel free to follow the guidelines and pack your own box.

6 steps to bring happiness

1. FIND

Find an average-sized shoebox. Decide who to fill it for; a child, a teenager, a man or a woman.

2. WRAP

Wrap your box and lid separately so that the lid can be removed without tearing the paper.

3. PACK

Gather the items, remove any excess packaging and pack into the box.

4. CHECK

On the checklist, tick the items you have put in your shoebox and note any that are not on the list.

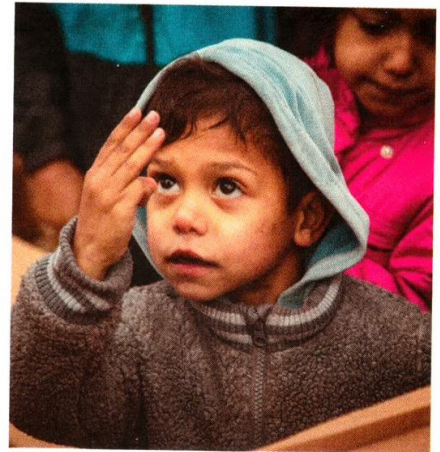
5. DONATE

Secure the ticked checklist to the outside of the shoebox lid using sticky tape. Detach the donation envelope as instructed and place with your donation inside your box.

6. DELIVER

Secure the lid with rubber bands. (Custom regulations require Blythswood Care to check the contents of your box.)

Deliver your box to your local collection point.



For Christmas delivery your shoebox should be at your church, school or other collection point week commencing 28 October 2019



BOX CONTENTS: Please see the check list on the following page. If you are putting your own box together, please complete the check list and attach it to your shoe box.

Many thanks

CHECKLIST 2019

Please tick items included and firmly secure this list on your shoebox lid.

SUGGESTED ITEMS (ALL ITEMS MUST BE NEW):

Please do try to include the following items highlighted in the top box.

- | | |
|---|---|
| <input type="checkbox"/> Toothbrush and Toothpaste | <input type="checkbox"/> Small Toy for boys and girls such as cars, dolls, balls. Please only include new shop-bought toys. |
| <input type="checkbox"/> Hat, scarf, gloves | <input type="checkbox"/> Sweets (No chocolate or any other food) 'Best Before' date no earlier than March 2020. No loose sweets, lollies or undated bags of sweets. |
| <input type="checkbox"/> Soap | |

Do not include used or damaged items; war related items such as toy guns or knives or military figures; hand-made or knitted stuffed toys; chocolate or any food other than sweets. Chocolate Eclairs and Chocolate Limes are not allowed; books that are mainly words should also not be included.

Toiletries (NO TALCUM POWDER)

- ☐ Shampoo
- ☐ Soap/Shower gel
- ☐ Face cloth/ Moist wipes
- ☐ Deodorant
- ☐ Moisturising Cream
- ☐ Comb/Brush
- ☐ Sanitary Products
- ☐ Shaving foam/Razors
- ☐ Underwear Socks/Tights

Miscellaneous

- ☐ New Make-up
- ☐ Sewing Equipment

- ☐ Household Candles
- ☐ Screwdrivers/Pliers
- ☐ Kitchen Utensils

Stationery

- ☐ Pens/Pencils/Sharpener
- ☐ Notepads/Colouring books
- ☐ Rulers/Rubbers

Clothes and other Items

(T-shirts/Pyjamas/Jumpers/ Shirts) etc

- ☐
- ☐
- ☐
- ☐

PLEASE TICK THE BOX NEXT TO WHO THE BOX IS FOR

Please specify the age of the girl or boy you have filled this box for:

- | | |
|--|---|
| <input type="checkbox"/> Girl - age | <input type="checkbox"/> Boy - age |
| <input type="checkbox"/> Teenage Girl - age | <input type="checkbox"/> Teenage Boy - age |
| <input type="checkbox"/> Woman | <input type="checkbox"/> Man |
| <input type="checkbox"/> Elderly woman | |

Tear along the perforation to detach this panel and secure to the outside of your shoebox



SPONSOR APPEAL

In the past many of us have sponsored a child as has the congregation as a whole.

This is an appeal from Alison Ramsay at “Adopt a Child” looking for sponsorship for a 62 year old lady who, to put it mildly, is in dire straits—I have printed her story below.

If anyone is interested, please contact Alison at the following email address - alison@lwaac.org

Hello, my name is Santos de la Cruz Mendez and I am 62 years old. I was born May 14, 1957. I live in a rural community in Guatemala called Chuchuca. This place is about one hour by bus from the main town called Zacualpa. I am a widow. My husband's name is Manuel Luis Gutierrez, but he passed away about two years ago. I have 5 children: three boys and two girls. I attend a Pentecostal church. I am not in good health because most of the time I have pain in my body, bones, back and head. I have not visited a doctor yet because I do not have the resources to pay for it. I do not have job because of my age. Most of the time I keep busy at home doing the chores. My daughter Paulina is the one who struggles to support me. She works in Guatemala City in a place where they make and sell tortillas. She earns about Q800.00 = \$107.00 per month. She sends me a monthly support and I try to administrate it very well because I have to use this support for myself and my four grandchildren. They are the children of my daughter Paulina. She has five children. There are three boys and two sisters. The oldest son left to live his own life. The other two sons are having problems with drugs. They work but do not contribute to the family income because they spend their money on drugs. The two girls are still young and I take care of them while my daughter Paulina is working in Guatemala City. I usually take my two granddaughters to the feeding program in even though it is difficult for me because of my age. My granddaughters' names are Juana and Sandra. We walk about one hour to get to the feeding program. My daughter Paulina was abandoned by her husband several years ago.

We live in our own one-room house made of old wooden sticks and old wooden boards. It has a tin sheet and nylon roof and dirt floor. Unfortunately our house is in very bad condition. The walls and roof are very damaged. We do not have a separate kitchen. We cook with firewood inside the same room. We do not have running water or electricity. We get our water from a natural resource that is near to our house. We use candles for lighting at night. I raise chickens. Our biggest needs are groceries and improve our old house.

Love and blessings

Alison

Sponsorship Coordinator

Our PRIMUS and HOUSE of BISHOPS

Invites us all to join in Prayer on the 6th & 7th of October

FOR OUR NATION AND ITS LEADERS

A Prayer for our Leaders in Parliament

Gracious God, we pray that you would send your Holy Spirit to lead and to guide our members of parliament. Bless them with patience, humility, wisdom, and empathy as they consider the path ahead. Put on their hearts, dear Lord, the poor and the marginalized as they consider what steps would create the best future for all those who live in our lands. Remind our MPs of their duty to serve the interests of all their constituents, perhaps especially those whose voices are most often drowned out by the powerful and the privileged. Lord grant them ears to hear, wisdom to discern, and voices to speak truth. In Jesus' name we pray, Amen.

A Prayer for Unity in a Time of Political Division

Holy God who brought into being all the people of this earth: give us the grace to set aside our egos and opinions so that we can see your presence in the eyes of those with whom we disagree. Remove from our hearts all hatred, prejudice, and fear replacing them instead with love, empathy, and the peace that passes all understanding. Unite us, sovereign Lord, in our quest for a strong future for all in this nation and remind us, always, to be mindful of the needs of others. We pray these things in your Holy Name, Amen.

A Prayer for the Poor and Marginalised

Lord of Life, we come before you this day to raise up our siblings in Christ who are most vulnerable – the poor and the marginalised, the immigrants and refugees, the racial, ethnic, and religious minorities and all others who seek to call this place home despite being made to feel unwelcome or unloved. Wipe the scales from our eyes and help us to see all whom we encounter as your beloved children. Embolden us to use our voices to speak for those who cannot speak for themselves, and humble us to support them as allies, rather than appropriating their message, when they voice their truths. Holy One, ignite in us a passion for justice that constantly seeks to share the blessings of our lives with all whom we encounter. We ask this in the name of God who is Creator, Redeemer, and Sanctifier of us all. Amen.

the spirit of wisdom, that there may be justice and peace in our land. When times are prosperous, let our hearts be thankful; and, in troubled times, do not let our trust in you fail.

We ask this through Jesus Christ our Lord. Amen.

For the Nation /

For the Nation

Almighty God, you have given us this good land as our heritage. May we prove ourselves a people mindful of your generosity and glad to do your will. Bless our land with honest industry, truthful education, and an honourable way of life. Save us from violence, discord, and confusion; from pride and arrogance; and from every evil course of action. Make us who came from many nations with many different languages a united people. Defend our liberties and give those whom we have entrusted with the authority of government

A Prayer of St Francis

Lord, make us instruments of your peace. Where there is hatred, let us sow love; where there is injury, pardon; where there is discord, union; where there is doubt, faith; where there is despair, hope; where there is darkness, light; where there is sadness, joy.

O Most Gracious Master, grant that we may not so much seek to be consoled as to console; to be understood as to understand; to be loved as to love. For it is in giving that we receive; it is in pardoning that we are pardoned; and it is in dying that we are born to eternal life.

Amen.