

# PENTECOST 13

8 September 2019



**Eaglais Easbaigeach na h-Alba san Eilean Dubh**  
**The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

**Phone: 01381 622 241**

**Email: melsagart@gmail.com**

**Charge Website : episcopalblackisle.scot**

For a fuller newsletter, please contact Ramsay McGhee :

w.r.mcgee@btinternet.com

## RECEIVING HOLY COMMUNION

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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## THE PROCLAMATION OF THE WORD

**Readers & Intercessors**

St J : Gail S / Gill P / Susanna L / Alan D

St A : Joan D / Betty M / Ramsay M / Simon S

**+ First Reading : Deuteronomy 30:15-20**

**+ Psalm 1:1-3**

The Lord knows

the way of the righteous.

**The Lord knows**

**the way of the righteous.**

Happy are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the seats of the scornful!

**The Lord knows**

**the way of the righteous.**

Their delight is in the law of the Lord, and they meditate on his law day and night.

**The Lord knows**

**the way of the righteous.**

They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; everything they do shall prosper.

**The Lord knows**

**the way of the righteous.**

**+ Second Reading : Philemon 1-21**

**Gradual Hymn / Alleluia**

**+ The Holy Gospel : Luke 14:25-33**

## PRAYER REQUESTS

We pray... for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## OUR WORLD

For the peaceful relieving of tensions between the UK, US and Iran. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church of the Sudan : Archbishop Ezekiel Kumir Kondo.

## OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Pauline J, Claire N, Colin P, Lesley P, Roberta R, Louise S, Philip S and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St Mary's, Colloden. For Inverness Street Pastors. For our brothers & sisters of throughout the Diocese. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## OUR CHURCH & COMMUNITY

### FAMILY & FRIENDS

For the peaceful repose of Kathleen Armstrong & for all who mourn her passing. For Matthew L & his family. For Gilly D. For Kathleen McC. For Roberta & Family. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose

relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### **A DAILY PRAYER for the WEEK**

Christ comforted the widow who had lost her only son: let us pray to him, who will come at the last to wipe away every tear from our eyes.

– *Come, Lord Jesus.*

Lord Jesus, you consoled especially the poor and troubled: look with mercy on those in any kind of need.

– *Come, Lord Jesus.*

The angel brought you the Father's comfort on the eve of your passion: we pray that your comfort may strengthen those who are dying.

– *Come, Lord Jesus.*

Let all exiles know your care for them; may they find their homelands once more, and come one day in joy to the Father's house.

– *Come, Lord Jesus.*

Look in love on all whose sins have separated them from you: reconcile them to yourself and to your Church.

– *Come, Lord Jesus.*

The dead suffered the pain and loss of human life: give them the fullness of life and joy in heaven.

– *Come, Lord Jesus.*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

### **THIS WEEK**

#### **MONDAY**

**12:15pm Eucharist in St Andrew's Cathedral**

#### **TUESDAY**

3:30pm – 6pm : Fr Mel with Cromarty pipers

**7:00pm Eucharist in St Regulus', Cromarty**

#### **WEDNESDAY**

10:00am – 1:00pm : Charity Shop

**NO RECTORY STUDY GROUP**

**11:00am : FUNERAL OF KATHLEEN**

**ARMSTRONG FROM ST ANDREW'S**

3:30pm – 6pm : Fr Mel with Fortrose pipers

#### **THURSDAY**

3:30pm – 6pm : Fr Mel with Rosemarkie pipers

**10:00am : Eucharist in St Andrew's, Fortrose**

#### **FRIDAY**

**8:30am : Celtic Morning Prayer in St Regulus'**

#### **SATURDAY**

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : **COFFEE MORNING**

in Fortrose Town Hall.

**NEXT SUNDAY : 15 September 2019**

**PENTECOST 14**

**EUCHARIST**

8am & 11:30am in St Andrew's (Fr Mel)

9:45am in St John's (Rev Christine)

9:45am in St Regulus' (Fr Mel)

**NO EVENSONG**

**READERS & INTERCESSORS**

St J : Family / Family / Family / Donald G

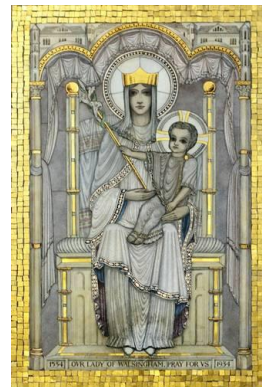
St A : Simon S / Ann B / Alison B / Joan D

(Ex 32:7-14 / Ps 51 / 1 Tim 1:12-17 / Lk 15:1-10)

**RECRUITING SERVERS, EUCHARISTIC MINISTERS, READERS & INTERCESSORS**

**Am sure all three of our congregations would welcome recruits....but St Andrew's requested this post be made!!!!!! Speak to Fr Mel!**

### **BLESSING OF NEW ALTAR FRONTAL**



Tuesday at 7pm we will keep the Feast of the Birth of the Blessed Virgin Mary (transferred from Sunday) in St Regulus' Church. As part of the celebration we will bless and dedicate a beautiful new altar frontal and aumbry veil for the Lady Chapel.

**EVERYONE IS WELCOME!!!!**

**ST CHARLES FUGE LOWDER, Priest**

*(Not on our Scottish Calendar but worthy of mention)*

Charles Lowder was born in 1820 and came under the influence of the Oxford Movement during his studies at Exeter College in the early 1840s. After ordination, he became increasingly drawn to a Tractarian and ritualist expression of the faith, especially after his move to London in 1851, despite the fierce opposition such Catholic spirituality faced within the Church. As a curate in Pimlico and Stepney, and then as the first Vicar of St Peter's, London Docks, Lowder came to epitomise the nineteenth-century Anglo-Catholic 'slum priest'. Dedicated to the poor and destitute, he was tireless in his parish work. His health gave way and he died at the age of sixty on 9 September in 1880.

*"If you give something to one in need, let the cheerfulness of your face precede your gift, and comfort his sorrow with kind words. When you do this, by your gift the gladness of his mind surpasses even the needs of his body"*

+ St. Isaac the Syrian