The FIFTH SUNDAY of EASTER 19 May 2019 ALLELAIAI CHRIST IS RISEN! ME IS RISEN INDEED! ALLELAIA!



Eaglais Easbaigeach na h-Alba san Eilean Dubh The Scottish Episcopal Church on the Black Isle

Charity Number SC010781 St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose The Rev'd Canon (Father) Mel Langille Priest & Rector

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RECEIVING HOLY COMMUNION EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us. If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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THE PROCLAMATION OF THE WORD

Readers & Intercessors St J : Family / Family / Family / Ann D St A : Marjorie T / Anne B / Simon S / Joan D

+ First Reading : Acts 11:1-18

+ Psalm 148

Praise the LORD from the heavens; praise him in the heights. Alleluia!

Praise the LORD from the heavens; praise him in the heights. Alleluia!

Praise him, all you angels of his; praise him, all his host. Praise him, sun and moon; praise him, all you shining stars. Praise him, heaven of heavens, and you waters above the heavens. Praise the LORD from the heavens; praise him in the heights. Alleluia!

Let them praise the Name of the LORD; for he commanded, and they were created. He made them stand fast for ever and ever; he gave them a law which shall not pass away.

Praise the LORD from the heavens; praise him in the heights. Alleluia! Praise the LORD from the earth, you sea-monsters and all deeps; Fire and hail, snow and fog, tempestuous wind, doing his will;

Praise the LORD from the heavens; praise him in the heights. Alleluia!

Mountains and all hills, fruit trees and all cedars; Wild beasts and all cattle, creeping things and winged birds; Kings of the earth and all peoples, princes and all rulers of the world; Young men and maidens, old and young together.

Praise the LORD from the heavens; praise him in the heights. Alleluia!

Let them praise the Name of the LORD, for his Name only is exalted, his splendour is over earth and heaven. He has raised up strength for his people and praise for all his loyal servants, the children of Israel, a people who are near him.

Praise the LORD from the heavens; praise him in the heights. Alleluia!

+ Second Reading : Revelation 21:1-6

Gradual Hymn / Alleluia

+ The Holy Gospel : John 13:31-35

PRAYER REQUESTS

We pray...as Easter people, for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the people of Burkina Faso...for our martyred brothers & sisters, for the survivors and all who mourn. For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers & sisters of the Church in Melanesia : Archbishop George Takeli

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Philip, Jean, Janet, Gemma, Susan, Peter, Jaime and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For our brothers & sisters of St. Mary the Virgin, Ullapool; St. Gilbert's Kinlochbervie; St. Gilbert's Lochinver; St. Boniface Achiltibuie; St. Mary by the Cross. For Inverness Street Pastors. For our brothers & sisters of throughout the Diocese. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Kathleen McC. For Nancy. For June. For Roberta. For Ania & Krystian. For Helen. For Loretta & loved ones. For Cameron M. For Diana S. For Tom McC. For Louise & Hayden J. For Mark W & loved ones. For Janet S as she studies for ordination. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Let us pray to Christ, who was raised up by the Holy Spirit in his living and life-giving body.

-Lord, renew the whole of your creation.

Christ, Saviour of the world, King of the new creation, you are enthroned at God's right hand;

set our hearts on the things that are of heaven.

- Lord, renew the whole of your creation.

Lord, you are living always in your Church: lead her through the Holy Spirit into the fullness of your truth.

- Lord, renew the whole of your creation. Show your love to the sick, the distressed and the dying; strengthen, comfort and sustain them.

– Lord, renew the whole of your creation.

Christ, unfailing light, accept our devotion at the close of this day; shed the radiance of your glory on the faithful departed.

-Lord, renew the whole of your creation.

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God. Conclude with the Lord's Praver.

THIS WEEK

MONDAY

12:15pm – Eucharist in Inverness Cathedral TUESDAY

3:30-6 : Fr Mel with Cromarty Children 7:00pm Eucharist in St Regulus', Cromarty WEDNESDAY

10:00am – 1:00pm : Charity Shop 10:00am : Study Group in the Rectory 3:30 – 6 : Fr Mel with Fortrose/Munlochy/ Avoch Children

THURSDAY

10:00am : Eucharist in St Andrew's, Fortrose

3:30 – 4:30 : Fr Mel with Fortrose Children **FRIDAY**

8:30am : Celtic Morning Prayer in St Regulus' SATURDAY

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : **COFFEE MORNING** in Fortrose Town Hall.

NEXT SUNDAY : 26 May 2019 SIXTH SUNDAY of EASTER/ROGATION

Eucharist

8 am & 11:30am in St Andrew's (Canon Mel) 9:45am in St John's (Rev Christine)

Reserved Sacrament

9:45am in St Regulus' (Canon Mel)

Readers & Intercessors

(Acts 16:9-15 / Ps 67 / Rev 21:10,22-22:5 / John 14:23-29)

St J : Mairi M / Jackie M / Ann D / Gill P St A : Alison B / Joan D / Alison G / Alison G

ROGATION DAYS – WHAT ARE THEY?

Rogation Days are an old religious custom which is now seldom observed in the Catholic Church, and many Catholics haven't even heard of them. Episcopal parishes sometimes still observe them, and many people have them on a personal liturgical calendar.

Ok - so what are they?

The word "rogation" comes from the

Latin *rogare*, which means "to ask," and the Rogation Days are four days set apart to bless the fields, and ask for God's mercy on all of creation. April 25 (coincidentally the Feast of St. Mark) is called the Major Rogation; the three days preceding Ascension Thursday are called the Minor Rogations. On these days, the congregation used to march the boundaries of the parish, blessing every tree and stone, while chanting or reciting a Litany of Mercy, usually a Litany of the Saints. A few still do.

The Rogation Days were first instituted in the 5th Century by Mamertus, bishop of Vienne in France from 461 to 475. His Episcopacy was marked by near-continuous disaster. In the space of a single year - around AD 470 - a fire destroyed the king's palace, a pestilence killed the cattle, the populace was terrorized by attacks of hungry wolves, and there were earthquakes.

Over the centuries, it became the custom to also use the procession to "beat the bounds" - to mark and establish the boundaries of the parish - while also blessing the trees, stones and fields. In modern times, the actual purpose of "beating the bounds" - to impress the boundaries of the village on everyone's mind - has ceased to be necessary due to modern surveying techniques, and the practice is largely ceremonial.

The standard practice in the Episcopal Church is to pray for fruitful seasons on Monday, commerce and industry on Tuesday, and stewardship of creation on Wednesday. When currently observed, the practice frequently has an environmental bent, and is a time to be reminded of the obligations to be good stewards of God's creation.