

FOURTH SUNDAY in LENT MOTHERING SUNDAY

31 March 2019



**Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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For a fuller newsletter, please contact Ramsay McGhee :
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RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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THE PROCLAMATION OF THE WORD

Today's Readers & Intercessors

St A / St J / St R / St J

+ The First Reading : Joshua 5:9-12

+ Psalm 32 (Verses)

You are my hiding-place;

you surround me

with shouts of deliverance.

You are my hiding-place;

you surround me

with shouts of deliverance.

Happy are they whose transgressions are forgiven,
and whose sin is put away!

Happy are they to whom the LORD imputes no
guilt, and in whose spirit there is no guile!

**You are my hiding-place;
you surround me
with shouts of deliverance.**

While I held my tongue, my bones withered away,
because of my groaning all day long.

For your hand was heavy upon me day and night;
my moisture was dried up
as in the heat of summer.

**You are my hiding-place;
you surround me
with shouts of deliverance.**

Then I acknowledged my sin to you,
and did not conceal my guilt.

I said, "I will confess
my transgressions to the LORD."

Then you forgave me the guilt of my sin.

**You are my hiding-place;
you surround me
with shouts of deliverance.**

Therefore all the faithful will make
their prayers to you in time of trouble;
when the great waters overflow,
they shall not reach them.

**You are my hiding-place;
you surround me
with shouts of deliverance.**

+ Second Reading : 2 Corinthians 5:16-21

Gradual Hymn/Acclamation

+ THE HOLY GOSPEL : Luke 15:1-3,11b-32

PRAYER REQUESTS

We pray...for grace to be Jesus' hands, feet, voice,
eyes & heart in the world...that we all may LIVE and
BE the GOOD NEWS.

OUR WORLD

For the peace and stability of the UK & for the
guidance of the Spirit for our leaders. For New
Zealand & her people. For Venezuela and her people.
For the situation between Ukraine & Russia. For
justice and peace in Yemen, the Holy Land and,
indeed, the world over. For an end to terrorism and
hatred in all its forms. For our fellow Christians and
all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for
our brothers and sisters of the Church of the Indian
Ocean : Archbishop Richard Wong Yin Song.

OUR DIOCESE

For all our brothers & sisters in the Porvoo
Communion of Churches. For Michael, Jennifer,
Rebekah, Roxanne, Joshua, Lisa and all who are
studying for Ordination or Readership...for their
instructors & all who support them. For Mark, our
Bishop. For Inverness Street Pastors. For our brothers
& sisters of St Columba's, Brora; St Peter & Holy
Rood, Thurso & St John's, Wick. For our sister

Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For the Mothers' Union in our Diocese & for all Mothers. For Kathleen McC. For Nancy. For June. For Roberta. For Ania & Krystian. For Helen. For Paul & Family. For Loretta & loved ones. For Cameron M. For Diana S. For Ann & Ray N. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Let us pray earnestly to Christ the Lord. He tells us to watch and pray that we may not fall into temptation.

– *Hear us, Lord, and have mercy.*

Lord Jesus, you promised to be with those who are gathered in your name; keep us united with you as we pray to the Father in the Holy Spirit.

– *Hear us, Lord, and have mercy.*

Cleanse your Church from every stain of sin; make her alive with hope and the power of the Spirit.

– *Hear us, Lord, and have mercy.*

Help us to care for our neighbour and show your love for all people; through us let the light of your salvation shine in the world.

– *Hear us, Lord, and have mercy.*

Let your peace spread to the ends of the earth; let everyone see in every place the signs of your presence.

– *Hear us, Lord, and have mercy.*

Bring the departed to everlasting happiness; let glory and immortal life be theirs.

– *Hear us, Lord, and have mercy.*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm – Eucharist in Inverness Cathedral

TUESDAY

3:30pm : Fr Mel with Cromarty children

10:00am – 1:00pm : Charity Shop

3:30pm : Fr Mel with Fortrose/Avoch & Munloch children

7:00pm Eucharist in St Regulus', Cromarty

WEDNESDAY

**10am : Study Group in the Rectory
(Book of Psalms)**

10am – 1pm : CHARITY SHOP

3:30pm : Fr Mel with Fortrose/Munloch children.

**7:00pm Eucharist & Lenten Discussion in
St Duthac Centre, Arpafeelie.**

THURSDAY

10:00am : Eucharist in St Andrew's, Fortrose

3:30pm : Fr Mel with Fortrose/Rosemarkie children

**7:30-9:30pm "I, DANIEL BLAKE" Lenten
Study in Patsy & Sandy Thomson's,
Cromarty.**

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

12 Noon : Stations of the Cross in St Andrew's

SATURDAY

10:00am – 1:00pm : Charity Shop

10:30am – 12 noon : COFFEE MORNING in Fortrose
Town Hall. Coffee, tea, home baking, for anyone who happens to be in the area and would like to call in. It would be lovely to see you and is an opportunity to meet other local folk for a chat.

7:30pm : OCTAVOICE in St James', Dingwall

NEXT SUNDAY – 7 April 2019

FIFTH SUNDAY in LENT

EUCCHARIST

8am & 11:30am in St Andrew's

9:45am in St John's

RESERVED SACRAMENT

9:45am in St Regulus'

EVENSONG

6:30pm in St Andrew's

(Is 43:16-21 / Ps 126 / Phil 3:4b-14 / Jn 12:1-8)

Readers & Intercessors

St J : ? / Diana M / Susanna L / Gill P

St A : Betty M / Lois M / Jan M / Joan D

Concert for Passiontide

"STABAT MATER"

by Pergolesi

SUNG BY NEW LOCAL CHAMBER CHOIR

"JUBILATE"

Eileen Mackintosh, conductor

Aileen Fraser, accompanist

Also Early Music

PERFORMED BY LOCAL ENSEMBLE

"CNOG FYRISH PLAYERS"

St Andrew's Church, Fortrose

Sunday 7th April 2019

at 3pm



Giovanni Battista Pergolesi
1710-1736

Donations at the door towards the church and to the publication of a new children's book "GROWING A CATHEDRAL" by Elizabeth Sutherland and Rachel Bevan-Baker