

**SUNDAY**  
**3rd March 2019**  
**Epiphany 8**  
**Charity Number**  
**SC010781**

## The Scottish Episcopal Church

St John's, Arpafeelie: St Andrew's, Fortrose: St Regulus, Cromarty

### The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille  
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church  
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



### THE PROCLAMATION OF THE WORD

+ The First Reading : Sirach 27:4-7

+ Psalm 92 (Verses)

It is a good thing to give thanks to the Lord.

**It is a good thing to give thanks to the Lord.**

It is a good thing to give thanks to the Lord, and to sing praises to your name, O Most High; To tell of your loving-kindness early in the morning and of your faithfulness in the night season;

**It is a good thing to give thanks to the Lord.**

On the psaltery, and on the lyre, and to the melody of the harp. For you have made me glad by your acts, O Lord; and I shout for joy because of the works of your hands.

**It is a good thing to give thanks to the Lord.**

The righteous shall flourish like a palm tree, and shall spread abroad like a cedar of Lebanon. Those who are planted in the house of the Lord shall flourish in the courts of our God;

**It is a good thing to give thanks to the Lord.**

They shall still bear fruit in old age; they shall be green and succulent; That they may show how upright the Lord is, my rock, in whom there is no fault.

**It is a good thing to give thanks to the Lord.**

+ Second Reading : 1 Corinthians 15:51-58

Gradual Hymn/Acclamation

+ THE HOLY GOSPEL : Luke 6:39-49



## **PRAYER REQUESTS**

We pray...for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## **OUR WORLD**

For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For Venezuela and her people. For the situation between Ukraine & Russia. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## **OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church in Chile : Archbishop Hector Zavala Munoz.

## **OUR DIOCESE**

For all our brothers & sisters in the Porvoo Communion of Churches. For Michael, Jennifer, Rebekah, Roxanne, Joshua, Lisa, Russell, Jane, Peter and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For Inverness Street Pastors. For our brothers & sisters of St Ninian, Glenurquhart. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## **OUR CHURCH & COMMUNITY**

### **FAMILY & FRIENDS**

For Kathleen McC. For Nancy. For June. For Roberta. For Ania & Krystian. For Helen. For Paul & Family. For Loretta & loved ones. For Cameron M., For Diana S. For R. For Ann & Ray N. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### **A DAILY PRAYER for the WEEK**

Let us pray to Christ, who, of his fullness, gives his brothers love in return for love.

– *Lord Jesus, hear our prayer.*

Firstborn from the dead, you have cleansed us of our sins by your blood. Lead us to understand what you have done for us.

– *Lord Jesus, hear our prayer.*

You have called us to be heralds of the good news: help us to enter the depths of its message and to make it our own.

– *Lord Jesus, hear our prayer.*

King of peace, guide the actions of those who govern: may your Spirit move them to care for those whom society rejects.

– *Lord Jesus, hear our prayer.*

Guide the steps of those who are oppressed, those persecuted for race, colour, gender, sexuality or religion: let their dignity be respected, and their rights upheld.

– *Lord Jesus, hear our prayer.*

Welcome all who have died in your peace; bring them to everlasting life with our Lady and all the saints.

– *Lord Jesus, hear our prayer.*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

## *Black Isle Charge Diary*

### **MONDAY**

12:15pm : Eucharist in St Andrew's Cathedral

### **TUESDAY**

3:30pm : Fr Mel with Cromarty children

### **LOVE LIFE & LIVE LENT - ASH WEDNESDAY**

#### **Eucharist with Imposition of Ashes**

10:00am in St Andrew's

12 Noon in St John's

7:00pm in St Regulus'

Readings

Joel 2:1-2,12-17/ Ps 51 / (2Cor 5:20b-6:10) / Matt 6:1-6,16-21

### **START LENT ON THE RIGHT FOOT BY BEING PRESENT FOR A CELEBRATION**

10:00am – 1:00pm : Charity Shop

3:30pm : Fr Mel with Fortrose/Avoch & Munlochy children

### **THURSDAY**

10:00am : Eucharist in St Andrew's

3:30pm : Fr Mel with Fortrose/Rosemarkie children

### **FRIDAY**

12 Noon : Stations of the Cross in St Andrew's

### **SATURDAY**

10:00am – 1:00pm : Charity Shop

### **NEXT SUNDAY – 10 March 2019 - FIRST SUNDAY in LENT**

#### **EUCCHARIST**

:00am & 11:30am in St Andrew's

9:45am in St John's

9:45am in St Regulus'

#### **NO EVENSONG**

#### **Readers & Intercessors**

St J : Gill P / Donald G / Mairi M / Ann D

St A : Alison G / Simon S / Marjorie T / Ramsay M

(Deut 26:1-11 / Ps 91 / Rom 10:8b-13 / Lk 4:1-13)

## Hymns for Sunday at St Andrew's

<b>Intro:</b>	516 : This day God gives me
<b>Gradual:</b>	192 : Praise my soul the King
<b>Offertory:</b>	105 : All Creatures of our God and King
<b>Communion:</b>	262 : Alleluia Sing ti Jesus
<b>Recessional:</b>	ALLELUIA cannot always

## Classic Film Club

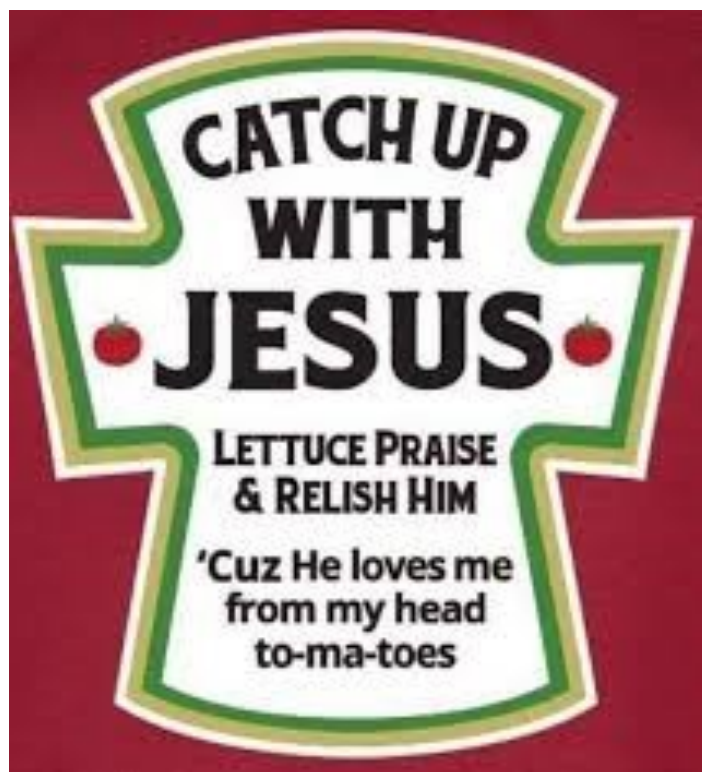
2 till 4pm - **First MONDAY** of the month

At The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

<b>Monday Mar 4th</b>	“The Story of Ruth”
<b>Monday Apr 1st</b>	“Bridge on the River Kwai”
<b>Monday May 6th</b>	“Becoming Jane”
<b>Monday Jun 3rd</b>	“You Were Never Lovelier”
<b>Monday July 1<sup>st</sup></b>	“ The Magnet”

**Come and enjoy a cuppa and the film in pleasant company!**



**OUR CHARITY SHOP**  
in Saint Andrew's Hall :  
Wednesdays & Saturdays,  
10am - 1pm.



**FOOD BANK APPEAL**

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

**NEW REQUIREMENTS for the NEXT 2 MONTHS**

long grain rice,  
tinned tomatoes,  
corn beef, and  
cat and dog food



**Thought for today**

*Open the windows of faith today  
And pray that a wind will blow your way,  
To scatter all thoughts of doubt and fear  
And bring a message of hope and cheer.*

**BOOKS**

**by Elizabeth Sutherland**

A wide selection of books written by our own Betty Marshall are available at the back of the Church.  
- donations should be placed in the box on the back pew.

**CARDS –**

**by Hayden Jeffery**

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each  
- donations should be placed in the box on the back pew.

# St John's Arrafeelie

Sunday 3rd March 2019 -

Sirach 27:4-7

Gail Sanderson

Psalm 92 verses

1 Corinthians 15:51-58

Isla Cruden

Luke 6:39-49

Prayers - Bridie Graham



## HYMNS

Opening: 306 – Immortal, invisible, God only wise

Gradual: 678 – Thy hand, O God has guided

Offertory: 416 – Lord the light of your love is shining

Communion: 60– Be still for the presence of the Lord

Recessional: 683 – To God be the glory

Intercessor is requested to include the following in their Intercessions

Diocesan Cycle of Prayers for the Congregation of St Ninian's GlenUrquhart

Porvoo Communion

*Church of England:* Diocese of Canterbury,

Archbishop Justin Welby,

*Church of Ireland:* Diocese of Down and Dromore, Bishop Harold Miller

## BLESSED PALMS from LAST PALM SUNDAY

We need them to prepare ashes for Ashe Wednesday (6 March)...so, if you have any you'd like to part with, please get to the Fr Mel ASAP.

# Church Rotas

## St Andrew's

### Readers & Intercessors

J MacLennan / B Marshall / L MacDonell / A Garraway

### Sides-men

Ann McGhee

### Servers

Alison / Martha / Jan

Jan and Alison

### Sacristan

Anne Balfour

### Flowers

Diana Hamilton-Jones

### Teas

Heather Ireland

### Cleaning

Alison Garraway

## St John's

### Sacristan

### Server

### Teas

Susana



## **LENTEN OPPORTUNITIES**

### **STATIONS of the CROSS**

Every Friday in St Andrew's at 12 noon.

**SILENT PRAYER/MEDITATION or STATIONS of the CROSS...**various locations at various times and places (in our three churches).

### **I AM DANIEL BLAKE**

A Lenten Course on this amazing and thought provoking film will be hosted in Cromarty from 7:30pm – 9:00pm on Thursday Evenings...starting the 7<sup>th</sup> of March in Patsy & Sandy Thomson's House.

### **WEDNESDAY STUDY GROUP**

10:00am in the Rectory each week.

Studying the Book of Psalms currently

### **MID WEEK EUCHARISTS**

Tuesdays at 7:00pm in St Regulus

(resuming the 12<sup>th</sup> of March)

Wednesdays at 7:00pm in St John's

Thursdays at 10:00am in St Andrew's

### **FROM ASH WEDNESDAY till EASTER**

NO "Gloria" (Glory to God in the heavenly...) NO Alleluia (Hymns or otherwise). Ancient tradition that is about "fasting" and then "feasting" as their return adds to our Easter joy!