

SUNDAY
17th March 2019
Lent 2
Charity Number
SC010781

The Scottish Episcopal Church

St John's, Arpafelie: St Andrew's, Fortrose: St Regulus, Cromarty

The Black Isle Family of Congregations

The Rev'd Canon (Father) Mel Langille
Tha Eaglais Easbuigeach na h-Alba / The Scottish Episcopal Church
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EVERYONE WHO IS BAPTISED is welcome to share with us in Communion this morning. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).



THE PROCLAMATION OF THE WORD

+ The First Reading : Genesis 15:1-12,17-18

+ Psalm 27:1,4-9

The Lord is my light and my salvation.

The Lord is my light and my salvation.

The LORD is my light and my salvation; whom then shall I fear? the LORD is the strength of my life; of whom then shall I be afraid?

The Lord is my light and my salvation.

And though war should rise up against me, yet will I put my trust in him. One thing have I asked of the LORD; one thing I seek; that I may dwell in the house of the LORD all the days of my life;

The Lord is my light and my salvation.

To behold the fair beauty of the LORD and to seek him in his temple. For in the day of trouble he shall keep me safe in his shelter; he shall hide me in the secrecy of his dwelling and set me high upon a rock.

The Lord is my light and my salvation.

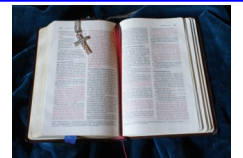
Even now he lifts up my head above my enemies round about me. Therefore I will offer in his dwelling an oblation with sounds of great gladness; I will sing and make music to the LORD.

The Lord is my light and my salvation.

+ Second Reading : Philippians 3:17-4:1

Gradual Hymn/Acclamation

+ THE HOLY GOSPEL : Luke 9:28-36



PRAYER REQUESTS

We pray...for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the peace and stability of the UK & for the guidance of the Spirit for our leaders. For Venezuela and her people. For the situation between Ukraine & Russia. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to terrorism and hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church of England – Archbishop Justin Welby.

OUR DIOCESE

For all our brothers & sisters in the Porvoo Communion of Churches. For Lesley, Kathryn, Philip, Jean, Janet, Gemma, Susan and all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For Inverness Street Pastors. For our brothers & sisters of St Andrew's Cathedral, Inverness. For our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For Kathleen McC. For Nancy. For June. For Roberta. For Ania & Krystian. For Helen. For Paul & Family. For Loretta & loved ones. For Cameron M., For Diana S. For Ann & Ray N. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Let us proclaim the greatness of God and pray to him, for he cares for all people.

– Lord, hear our prayer.

God of all truth, grant every good gift to the college of bishops and preserve in the faith of the apostles the people you have entrusted to them.

– Lord, hear our prayer.

May all who share in the one bread of life be filled with your love; may they be united more closely in the body of your Son.

– Lord, hear our prayer.

Help us to put aside our selfish ways; let us put on Christ, becoming more and more the new creation.

–Lord, hear our prayer.

May all people, especially those who are broken, separated by sin or wounded by the Church know they share in the blessings of Christ's love and mercy

–Lord, hear our prayer.

Let our loved ones and all the departed praise your goodness in the peace of heaven; there we hope to glorify your name for ever.

– Lord, hear our prayer.

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer.

Black Isle Charge Diary

MONDAY

12:15pm : Eucharist in St Andrew's Cathedral

TUESDAY

3:30pm : Fr Mel with Cromarty children

10:00am – 1:00pm : Charity Shop

3:30pm : Fr Mel with Fortrose/Avoch and Munlochy children

7:00pm Eucharist in St Regulus', Cromarty

WEDNESDAY

10am : Study Group in the Rectory (Book of Psalms)

10am – 1pm : CHARITY SHOP

3:30pm : Fr Mel with Fortrose/Munlochy children.

7:00pm Eucharist & Lenten Discussion in St Duthac Centre, Arpafeelie.

THURSDAY

10:00am : Eucharist in St Andrew's, Fortrose

3:30pm : Fr Mel with Fortrose/Rosemarkie children

7:30-9:30pm "I, DANIEL BLAKE" Lenten Study

FRIDAY

8:30am : Celtic Morning Prayer in St Regulus'

12 Noon : Stations of the Cross in St Andrew's

SATURDAY

10:00am – 1:00pm : Charity Shop

NEXT SUNDAY – 24 March 2019 - THIRD SUNDAY in LENT

EUCCHARIST

8:00am & 11:30am in St Andrew's

9:45am in St John's

9:45am in St Regulus'

EVENSONG

4:30pm in St Andrew's

Readers & Intercessors

St J : Alan D / Jackie M / Ann D / Isla C

St A : Anna G / Angus F / Michael H / Dorothy W

(Is 55:1-9 / Ps 93 / 1 Cor 10:1-13 / Lk 13:1-9)

Hymns for Sunday at St Andrew's

Intro:	67 : When I survey the wondrous cross
Gradual:	318 : Tis good Lord to be here
Offertory:	64 : All ye who seek
Communion:	The heavenly Word—Parts 1 and 2
Recessional:	343 : Be thou my vision

Classic Film Club

2 till 4pm - **First MONDAY** of the month

At The Old Mill, 1, Marine Terrace, Rosemarkie, IV10 8UL

Details from Helen Robinson 01381620243 07889181529

Monday Apr 1st	“Bridge on the River Kwai”
Monday May 6th	“Becoming Jane”
Monday Jun 3rd	“You Were Never Lovelier”
Monday July 1st	“ The Magnet”

Come and enjoy a cuppa and the film in pleasant company!

ADVANCE NOTICE

31 MARCH is a 5th SUNDAY

Our celebration will take place in St John's, Arpafeelie.

We will keep MOTHERING SUNDAY and our guest speaker will be Mrs Deborah Munday – President of our Diocesan Mothers' Union.

OUR CHARITY SHOP
in Saint Andrew's Hall :
Wednesdays & Saturdays,
10am - 1pm.



FOOD BANK APPEAL

All contributions gratefully received - please leave tins in the basket provided at the back of the Church. Things we need:

NEW REQUIREMENTS for the NEXT 2 MONTHS

long grain rice,
tinned tomatoes,
corn beef, and
cat and dog food



Thought for today

LENTEN THOUGHT from St Thomas à Kempis

There will always be many who love Christ's heavenly kingdom, but few who will bear his cross. Many are eager to be happy with him; few wish to suffer anything for him.

Many love Christ as long as they encounter no hardship; many praise and bless him as long as they receive some comfort from him. But if Jesus hides himself and leaves them for a while, they either start complaining or become dejected. Those, on the contrary, who love him for his own sake and not for any comfort of their own, praise him both in trial and anguish of heart as well as in the bliss of consolation. Even if Jesus should never comfort them, they would continue to praise and thank him. What power there is in a pure love for Jesus – love that is free from all self-interest and self-love!

BOOKS

by Elizabeth Sutherland

A wide selection of books written by our own Betty Marshall are available at the back of the Church.

- donations should be placed in the box on the back pew.

CARDS –

by Hayden Jeffery

Hayden Jeffery has designed and produced a selection of multifunctional cards - they can be found at the back of the Church and cost £1 each

- donations should be placed in the box on the back pew.

St John's Arrafeelie

Sunday 17th March 2019 -

Genesis 15:1-12,17-18

Family Reader

Psalm 27

Family Reader

Philippians 3:17- 4:1

Family Reader

Luke 13:31-35

Prayers - Gail Sanderson



Lenten midweek Eucharist and discussion

Wednesdays of Lent in Duthac Centre beginning at 7pm.

HYMNS

Opening: 460 – New every morning is the love (New)

Gradual: 19 – All my hope on God is founded

Offertory: 458 – Name of all majesty

Communion: 181 - Gather around for the table is spread

Recessional: 692 – We are marching in the name of God

Can readers and Intercessors give me their dates for April to June please

Church Rotas

St Andrew's

Readers & Intercessors

Anne Balfour / Alison Brough / Joan Deakin / Simon Spence

Sides-men

Julie Gamble

Servers

Martha / Alison / Matthew

Alison / Heather

Sacristan

Anna Gierus

Flowers

No flowers during Lent

Teas

Lois MacDonell

Cleaning

Libby Brown

St John's

Sacristan Gail Sanderson

Server Gill Pimm

Teas Ann Danson

Cleaner Alan Danson



LENTEN OPPORTUNITIES

STATIONS of the CROSS

Every Friday in St Andrew's at 12 noon.

SILENT PRAYER/MEDITATION or STATIONS of the CROSS...various locations at various times and places (in our three churches).

I AM DANIEL BLAKE

A Lenten Course on this amazing and thought provoking film will be hosted in Cromarty from 7:30pm – 9:00pm on Thursday Evenings...starting the 7th of March in Patsy & Sandy Thomson's House.

WEDNESDAY STUDY GROUP

10:00am in the Rectory each week.

Studying the Book of Psalms currently

MID WEEK EUCHARISTS

Tuesdays at 7:00pm in St Regulus

(resuming the 12th of March)

Wednesdays at 7:00pm in St John's

Thursdays at 10:00am in St Andrew's

FROM ASH WEDNESDAY till EASTER

NO "Gloria" (Glory to God in the heavenly...) NO Alleluia (Hymns or otherwise). Ancient tradition that is about "fasting" and then "feasting" as their return adds to our Easter joy!