

FOURTH SUNDAY after EPIPHANY

3 February 2019



Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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THE PROCLAMATION OF THE WORD

Today's Readers & Intercessors

St J : Diana M / Gail S / Alan D / Donald G

St A : Michael H / Anna G / Angus F / Simon S

+ **The First Reading : Jeremiah 1:4-10**

+ **Psalm 71:1-6**

Lord, you are my strong rock!

You are my crag and my stronghold.

Lord, you are my strong rock!

You are my crag and my stronghold.

In you, O LORD, have I taken refuge;

let me never be ashamed.

In your righteousness, deliver me and set me free;

incline your ear to me and save me.

Lord, you are my strong rock!

You are my crag and my stronghold.

Be my strong rock, a castle to keep me safe;

you are my crag and my stronghold.

Deliver me, my God, from the hand of the wicked,

from the clutches of the evildoer

and the oppressor.

Lord, you are my strong rock!

You are my crag and my stronghold.

For you are my hope, O LORD God,

my confidence since I was young.

I have been sustained by you

ever since I was born;

from my mother's womb

you have been my strength;

my praise shall be always of you.

Lord, you are my strong rock!

You are my crag and my stronghold.

+ **Second Reading : 1 Corinthians 13:1-13**

Gradual Hymn/Acclamation

+ **THE HOLY GOSPEL : Luke 4:21-30**

PRAYER REQUESTS

We pray...for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For the situation between Ukraine & Russia. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church in Burundi : Archbishop Martin Blaise Nyaboho.

OUR DIOCESE

For the Rev'ds Michael Last & Iain Ritchie who will be installed as Canons (Iain – Honorary & Michael – Synod Clerk) in the Cathedral this evening. For all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For Inverness Street Pastors. For our brothers & sisters of St Margaret's, Aberlour. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For Nancy. For June. For Roberta. For Ania & Krystian. For Fr Arthur & Julia. For Brian. For Helen. For Paul & Family. For Dorothy. For Loretta & loved ones. For Cameron M., For Diana S. For R. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

In the Church, God has made known to us his hidden purpose: to make all things one in Christ.

Let us pray that his will may be done.

– *Father, unite all things in Christ.*

We give you thanks for the presence and power of your Spirit in the Church: give us the will to search for unity, and inspire us to pray and work together.

– *Father, unite all things in Christ.*

We give you thanks for all whose work proclaims your love: help us to serve the communities in whose life we share.

– *Father, unite all things in Christ.*

Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed.

– *Father, unite all things in Christ.*

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son.

– *Father, unite all things in Christ.*

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all.

– *Father, unite all things in Christ.*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm : Eucharist in St Andrew's Cathedral

TUESDAY

3:30pm : Fr Mel with Cromarty children

**NO TUESDAY EUCHARIST
IN ST REG TILL MARCH**

WEDNESDAY

10:00am : Study Group in the Rectory

10:00am – 1:00pm : Charity Shop

2:00pm : Mission & Ministry meeting in Rectory

3:30pm : Fr Mel with Fortrose/Avoch & Munloch children

THURSDAY

10:00am : Eucharist in St Andrew's

3:30pm : Fr Mel with Fortrose/Rosemarkie children

FRIDAY

SATURDAY

10:00am – 1:00pm : Charity Shop

NEXT SUNDAY : 10 FEBRUARY FIFTH SUNDAY after EPIPHANY

Eucharist

8am & 11:30am in St Andrew's

9:45am in St Regulus'

9:45am in St John's

EVENSONG

4:30pm in St Andrew's

READERS & INTERCESSORS

St J : Ann D / Gill P / Bridie G / Jackie M

St A : Jan M / Betty M / Lois M / Ramsay M

(Is 6:1-8 / Ps 138 / 1 Cor 15:1-11 / Lk 5:1-11)

**OVERCOMING POVERTY
IS NOT A GESTURE OF CHARITY.
IT IS AN ACT OF JUSTICE.**

**SOMETIMES IT FALLS ON A GENERATION TO BE GREAT.
YOU CAN BE THAT GREAT GENERATION.**

- NELSON MANDELA

**CHOOSE
FAIRTRADE**



Look for yourself,
and you will find in the long run
only hatred, loneliness, despair, rage,
ruin, and decay.

But look for Christ,
and you will find Him,
and with Him everything else
thrown in.

(C. S. Lewis)