

"You do not need to know precisely what is happening, or exactly where it is all going. What you need is to recognize the possibilities and challenges offered by the present moment, and to embrace them with courage, faith and hope."

--Thomas Merton

## SIXTH SUNDAY after EPIPHANY (SEPTUAGESIMA)

17 February 2019



### Eaglais Easbaigeach na h-Alba san Eilean Dubh The Scottish Episcopal Church on the Black Isle

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

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### NEXT SUNDAY : 24 FEBRUARY SEVENTH SUNDAY after EPIPHANY SEXAGESIMA

#### Eucharist

8am & 11:30am in St Andrew's

9:45am in St John's

9:45am in St Regulus'

#### EVENSONG

4:30pm in St Andrew's

#### READERS & INTERCESSORS

St A : Ann B / Alison B / Ramsay M / Joan D

St J : Donald G / Jackie M / Diana M / Susanna L

(Gen 45:3-11,15 / Ps 37 / 1 Cor 15:35-38,42-50 / Lk 6:27-38)

#### BLESSED PALMS from LAST PALM SUNDAY

We need them to prepare ashes for Ashe Wednesday (6 March)...so, if you have any you'd like to part with, please get to the Fr Mel ASAP.

#### WHEN GOD WHISPERS

The man whispered, "God, speak to me," and a meadowlark sang.  
But the man did not hear.  
So the man yelled, "God, speak to me," and the thunder rolled across the sky.  
But the man did not listen.  
The man looked around and said, "God, let me see you." And a star shined brightly.  
But the man did not see.  
And the man shouted, "God, show me a miracle."  
And a life was born.  
But the man did not notice.  
So, the man cried out in despair, "Touch me, God, and let me know you are here."  
Whereupon, God reached down and touched the man. But the man brushed the butterfly away and walked on.

### RECEIVING HOLY COMMUNION EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us. If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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### THE PROCLAMATION OF THE WORD

#### Today's Readers & Intercessors

St J : Family / Family / Family / Mairi M

St A : Alison G / Simon S / Marjorie T / Heather I

+ **The First Reading : Jeremiah 17:5-10**

+ **Psalm 1 (Responsively by the verse)**

Happy are they who have not walked in the counsel of the wicked, nor lingered in the way of sinners, nor sat in the seats of the scornful!

**Their delight is in the law of the LORD,  
and they meditate on his law  
day and night.**

They are like trees planted by streams of water, bearing fruit in due season, with leaves that do not wither; everything they do shall prosper.

**It is not so with the wicked;  
they are like chaff which  
the wind blows away.**

Therefore the wicked shall not  
stand upright when judgment comes,  
nor the sinner in the council of the righteous.

**For the LORD knows  
the way of the righteous,  
but the way of the wicked is doomed.**

+ **Second Reading : 1 Corinthians 15:12-20**

**Gradual Hymn/Acclamation**

+ **THE HOLY GOSPEL : Luke 6:17-26**

**PRAYER REQUESTS**

We pray...for grace to be Jesus' hands, feet, voice,  
eyes & heart in the world...that we all may LIVE  
and BE the GOOD NEWS.

**OUR WORLD**

For Venezuela and her people. For the situation  
between Ukraine & Russia. For justice and peace  
in Yemen, the Holy Land and, indeed, the world  
over. For an end to hatred in all its forms. For our  
fellow Christians and all who are persecuted for  
their faith.

**OUR COMMUNION**

Pray for the peace and unity of the Church. Pray  
for our brothers and sisters of the Church in  
Central Africa : Archbishop Albert Chama.

**OUR DIOCESE**

Lesley, Kathryn, Philip, Jean Janet, Gemma,  
Susan & all who are studying for Ordination or  
Readership...for their instructors & all who  
support them. For Mark, our Bishop. For  
Inverness Street Pastors. For our brothers & sisters  
of St John's, Forres. Pray for our sister Dioceses  
(Quebec, Canada & Tuam, Killala and Achonry,  
Ireland).

**OUR CHURCH & COMMUNITY**

**FAMILY & FRIENDS**

For the soul of John Waters (Funeral to be 1pm  
Thursday from St Andrew's) & for Elizabeth &  
Family. For Nancy. For June. For Roberta. For  
Ania & Krystian. For Fr Arthur & Julia. For  
Brian. For Helen. For Paul & Family. For  
Dorothy. For Loretta & loved ones. For Cameron  
M., For Diana S. For R. For Ann & Ray N. For  
Marjorie T. For Tom McC. For Mark W & loved  
ones. For Janet S as she studies for ordination. For  
Louise & Hayden J. For those whose relationships  
/ marriages are struggling. Pray for our Sunday  
Club in St Regulus'. For our Teen Gatherings.  
For Karen & her family in Guatemala. For James

and his work in Biblical translation in Nigeria.  
For all we know to be in need of our prayers.

**A DAILY PRAYER for the WEEK**

The world is ablaze with the glory of God, who  
cares for his chosen people with infinite love. In  
the name of the Church we pray:

– *Lord, show your love to all.*

Be mindful of your Church: keep her free from  
evil and make her perfect in your love.

– *Lord, show your love to all.*

Let all peoples acknowledge that you alone are  
God, and that Jesus Christ is your Son; give them  
the light of faith.

– *Lord, show your love to all.*

Grant to those around us all that they need, so that  
they may know thankfulness and live in peace.

– *Lord, show your love to all.*

Keep us mindful of those whose work is hard and  
unrewarding: may we give everyone the respect  
which is their right.

– *Lord, show your love to all.*

Give peace to those who have died today; grant  
them eternal rest.

– *Lord, show your love to all.*

*In a moment of silence, call to mind the concerns  
of your own heart with those listed above  
and lift them up to God.*

*Conclude with the Lord's Prayer.*

**THIS WEEK**

**MONDAY**

12:15pm : Eucharist in St Andrew's Cathedral

**TUESDAY**

3:30pm : Fr Mel with Cromarty children

**NO TUESDAY EUCHARIST**

**IN ST REG TILL MARCH**

**WEDNESDAY**

10:00am : Study Group in the Rectory

10:00am – 1:00pm : Charity Shop

3:30pm : Fr Mel with Fortrose/Avoch &  
Munlochy children

**THURSDAY**

10:00am : Eucharist in St Andrew's

1:00pm : Funeral of John Waters in St Andrew's

3:30pm : Fr Mel with Fortrose/Rosemarkie  
children

**FRIDAY**

9:30am : Fr Mel Assembly in Cromarty Primary

**SATURDAY**

10:00am – 1:00pm : Charity Shop