

# FIFTH SUNDAY after EPIPHANY

10 February 2019



**Eaglais Easbaigeach na h-Alba san Eilean Dubh**  
**The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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## RECEIVING HOLY COMMUNION

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing

(simply come forward with hands together and head bowed as a sign to the priest).

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## THE PROCLAMATION OF THE WORD

**Today's Readers & Intercessors**

St J : Ann D / Gill P / Bridie G / Jackie M

St A : Jan M / Betty M / Lois M / Ramsay M

+ **The First Reading : Isaiah 6:1-8**

+ **Psalm 138:1-4,9**

In the sight of the angels, O Lord,

I will sing your praises.

**In the sight of the angels, O Lord,**

**I will sing your praises.**

I will give thanks to you, O Lord,

with my whole heart;

before the gods I will sing your praise.

**In the sight of the angels, O Lord,**

**I will sing your praises.**

I will bow down toward your holy temple and praise your Name,

because of your love and faithfulness.

**In the sight of the angels, O Lord,**

**I will sing your praises.**

For you have glorified your Name

and your word above all things.

When I called, you answered me;

you increased my strength within me.

**In the sight of the angels, O Lord,**

**I will sing your praises.**

The Lord will make good his purpose for me;

O Lord, your love endures for ever;

do not abandon the works of your hands.

**In the sight of the angels, O Lord,**

**I will sing your praises.**

+ **Second Reading : 1 Corinthians 15:1-11**

**Gradual Hymn/Acclamation**

+ **THE HOLY GOSPEL : Luke 5:1-11**

## PRAYER REQUESTS

We pray...for grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## OUR WORLD

For the situation between Ukraine & Russia. For justice and peace in Yemen, the Holy Land and, indeed, the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church in Canada : Archbishop Fred Hiltz.

## OUR DIOCESE

For Donald, Susan, Jennifer, Annie, Claire, Katrina, Harriet & all who are studying for Ordination or Readership...for their instructors & all who support them. For Mark, our Bishop. For Inverness Street Pastors. For our brothers & sisters of Holy Trinity, Elgin; Burghhead Mission; St Margaret's, Lossiemouth. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## OUR CHURCH & COMMUNITY

### FAMILY & FRIENDS

For Nancy. For June. For Roberta. For Ania & Krystian. For Fr Arthur & Julia. For Brian. For Helen. For Paul & Family. For Dorothy. For Loretta & loved ones. For Cameron M., For Diana S. For R. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise &

Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### **A DAILY PRAYER for the WEEK**

God our Father has bound himself to us in an everlasting covenant. In thankfulness and faith, we pray to him:

– *Lord, bless your people!*

In Christ you have made a new covenant with all creation: may we know the greatness which we have inherited.

– *Lord, bless your people!*

Gather into one all who bear the name of Christian, that the world may believe in the Christ you have sent.

– *Lord, bless your people!*

Pour out your love on our friends, and on all whom we know; may they carry with them the gentleness of Christ.

– *Lord, bless your people!*

Comfort the dying; may they know your saving love.

– *Lord, bless your people!*

Show your mercy to the dead; may they find their rest in Christ.

– *Lord, bless your people!*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

## **THIS WEEK**

### **MONDAY**

12:15pm : Eucharist in St Andrew's Cathedral

### **TUESDAY**

3:30pm : Fr Mel with Cromarty children

**NO TUESDAY EUCHARIST  
IN ST REG TILL MARCH**

### **WEDNESDAY**

10:00am : Study Group in the Rectory

10:00am – 1:00pm : Charity Shop

3:30pm : Fr Mel with Fortrose/Avoch & Munloch children

7:30pm : Joint Vestry in St Andrew's

### **THURSDAY**

10:00am : Eucharist in St Andrew's

3:30pm : Fr Mel with Fortrose/Rosemarkie children

### **FRIDAY**

6:30pm : Youth Gathering in the Rectory

## **SATURDAY**

10:00am – 1:00pm : Charity Shop

## **NEXT SUNDAY : 17 FEBRUARY SIXTH SUNDAY after EPIPHANY SEPTUAGESIMA**

### **Eucharist**

8am & 11:30am in St Andrew's

9:45am in St John's

### **RESERVED SACRAMENT SERVICE**

9:45am in St Regulus'

### **EVENSONG**

4:30pm in St Andrew's

### **READERS & INTERCESSORS**

St J : Family / Family / Family / Mairi M

St A : Alison G / Simon S / Marjorie T / Heather I

(Jer 17:5-10 / Ps 1 / 1 Cor 15:12-20 / Lk 6:17-26)

## **THE BEST IS YET TO COME**

There was a Christian lady who was diagnosed with a terminal illness and had been given three months to live. So as she was getting her things "in order," she contacted her priest and had him come to her house to discuss certain aspects of her final wishes. She told him which hymns she wanted sung at the service, what scriptures she would like read, and what outfit she wanted to be buried in. The woman also requested to be buried with her favourite Bible. Everything was in order and the priest was preparing to leave when the woman suddenly remembered something very important to her.

"There's one more thing," she said excitedly.

"What's that?" came the priest's reply.

"This is very important," the woman continued. "I want to be buried with a fork in my right hand."

The priest stood looking at the woman, not knowing quite what to say. "That surprises you, doesn't it?", the woman asked. "Well, to be honest, I'm puzzled by the request," said the priest.

The woman explained, "In all my years of attending church socials and potluck dinners, I always remember that when the dishes of the main courses were being cleared, someone would inevitably lean over and say, "Keep your fork." It was my favourite part because I knew that something better was coming...like velvety chocolate cake or deep-dish apple pie. Something wonderful, and with substance! So, I just want people to see me there in that casket with a fork in my hand and I want them to wonder, "What's with the fork?" Then I want you to tell them: "Keep your fork. The best is yet to come."

The priest's eyes welled up with tears of joy as he hugged the woman good-bye. He knew this would be one of the last times he would see her before her death. But he also knew that the woman had a better grasp of Heaven than most Christians did.