

SECOND SUNDAY of ADVENT

9 December 2018



Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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For a fuller newsletter, please contact Ramsay McGhee :

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RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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LIGHTING the ADVENT CANDLES

Jesus is the Light of the world.

A Light no darkness can extinguish.

Sing

A candle is burning, a candle of Peace;

A candle to signal that conflict must cease.

For Jesus is coming to show us the way;

A message of Peace humbly laid in the hay.

Pray

God of power and mercy open our hearts in

welcome. Remove the things that hinder us

from receiving Christ with joy so that we may

share his wisdom and become one with him

when he comes in glory, for he lives and reigns

with you and the Holy Spirit, one God, forever

and ever. AMEN.

THE PROCLAMATION OF THE WORD

Readers & Intercessor

St Reg / St John / St And

+ The First Reading : Baruch 5:1-9

Canticle (Luke 1:68-79 - Benedictus)

You, my child, shall be called
the prophet of the Most High.

**You, my child, shall be called
the prophet of the Most High.**

Blessed be the Lord, the God of Israel;
he has come to his people and set them free.
He has raised up for us a mighty Saviour,
born of the house of his servant David.

**You, my child, shall be called
the prophet of the Most High.**

Through his holy prophets he promised of old,
that he would save us from our enemies,
from the hands of all who hate us.
He promised to show mercy to our fathers
and to remember his holy covenant.

**You, my child, shall be called
the prophet of the Most High.**

This was the oath he swore to our father Abraham,
to set us free from the hands of our enemies,
Free to worship him without fear,
holy and righteous in his sight
all the days of our life.

**You, my child, shall be called
the prophet of the Most High.**

For you will go before the Lord
to prepare his way,
To give people knowledge of salvation
by the forgiveness of their sins.

**You, my child, shall be called
the prophet of the Most High.**

In the tender compassion of our God the dawn
from on high shall break upon us,
To shine on those who dwell in darkness
and the shadow of death,
and to guide our feet into the way of peace.

**You, my child, shall be called
the prophet of the Most High.**

+ Second Reading : Philippians 1:3-11

Gradual Hymn/Acclamation

+ THE HOLY GOSPEL : Luke 3:1-6

PRAYER REQUESTS

We pray...for grace to be Jesus' hands, feet, voice,
eyes & heart in the world...that we all may LIVE and
BE the GOOD NEWS.

OUR WORLD

For the situation between Ukraine & Russia. For
justice and peace in Yemen, the Holy Land and,
indeed, the world over. For an end to hatred in all its

forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church on the Falkland Islands : Bishop Timothy Thornton.

OUR DIOCESE

For Mark, our Bishop and for our brothers and sisters who work in & support our Foodbanks...and for all whom the benefit. For the Highlands Supports Refugees and all who help. For our brothers & sisters throughout the Diocese as today, they remember us. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

THE SCOTTISH EPISCOPAL INSTITUTE

(Those studying for ordination, layreadership & those who support them)

(9) Ordinand Peter Fraser, A & O (10) Ordinand Donald Grant, M R & C (11) Ordinand Susan Henderson, URC (12) Ordinand Jennifer Holden, A & O (13) Ordinand Annie Hughes StA D & D (14) Ordinand Clare Nicholson, Edin (15) Ordinand Katrina O'Neill, M R & C.

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For the soul of Jenny Fyfe & for her family & loved ones. For Ania & Krystian. For Fr Arthur & Julia. For Brian. For Helen. For Paul & Family. For Dorothy. For Anne Maria. For Loretta & loved ones. For Cameron M., For Diana S. For R. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

The Lord God said: 'I shall look for the lost one, bring back the stray, bandage the wounded and make the weak strong.'

– *Lord our God, come to save us.*

Lord God, you made us and sustain us with your love: help us to recognize that you are in our midst.

– *Lord our God, come to save us.*

You are close to each one of us: open our hearts to love you.

– *Lord our God, come to save us.*

We pray for those who find their lives a burden too heavy to bear: Lord, be their strength and their hope.

– *Lord our God, come to save us.*

You are Life, and the enemy of death: rescue us and all the faithful departed from eternal darkness.

– *Lord our God, come to save us.*

In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.

Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm : Eucharist in St Andrew's Cathedral

TUESDAY

3:30 – 6 : Fr Mel with piperlings of Cromarty

7:00pm : Eucharist in St Regulus'

WEDNESDAY

1:30pm : Funeral of Dr Janet Fyfe
from St Regulus'

3:30-6pm : Fr Mel with piperlings of
Fortrose/Munlochy

10:00am-1:00pm : CHARITY SHOP

THURSDAY

10:00am : Eucharist in St Andrew's (St Lucy)

3:30-5pm : Fr Mel with piperlings of
Fortrose/Rosemarkie

SATURDAY

10:00am – 1:00pm : CHARITY SHOP

NEXT SUNDAY : 16 DECEMBER ADVENT 3 + GAUDETE SUNDAY

Eucharist

8am & 11:30am in St Andrew's

9:45am in St John's

Reserved Sacrament

9:45am in St Regulus'

Evensong

4:30pm in St Andrew's

(Zeph 3:14-20 / Canticle: Is 12:2-6 / Phil 4:4-7 / Lk 3:7-18)

READERS & INTERCESSORS NEXT WEEK

St And : Joan D / Alison G / Alison B / Dorothy W

St Jn : Family / Family / Family / Gill P

SOME DATES FOR YOUR CALENDAR

Wed 19 Dec – 7:30pm in St Regulus' :

CAROLS BY CANDLELIGHT

Fri 21 Dec – 7:30pm in St Andrew's :

OCTAVOCE CHRISTMAS CONCERT

Fri 21 Dec – 7:00pm in North Kessock Community

Centre : **COMMUNITY CAROL SING**

GLUTEN FREE BREAD

Some very kind soul anonymously delivers GF bread to the Rectory every now and then. Thank you every so very much. But I am not gluten intolerant...am just trying to cut down on bread over this constant battle of the bulge! Hahaha! Thanks for your generosity & kindness but I really don't need it.

CHRISTMAS PRESENTS

You are the kindest and most generous people in the world re your Rector...but he has all he needs. Please join him in giving what you might normally spend on Christmas gifts to charity. This year he is supporting SHELTER & MIKEY'S LINE. THANK YOU!!!!

M+A+R+A+N+A+T+H+A