

**GAUDETE**  
**THIRD SUNDAY of ADVENT**  
16 December 2018



**Eaglais Easbaigeach na h-Alba san Eilean Dubh**  
**The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose

The Rev'd Canon (Father) Mel Langille

Priest & Rector

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For a fuller newsletter, please contact Ramsay McGhee :

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**RECEIVING HOLY COMMUNION**

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services.

There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing

(simply come forward with hands together and head bowed as a sign to the priest).

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**LIGHTING the ADVENT CANDLES**

Jesus is the Light of the world.

**A Light no darkness can extinguish.**

*Sing*

**A candle is burning, a candle of Joy;**

**A candle to welcome brave Mary's new boy.**

**Our hearts fill with wonder**

**and eyes light and glow**

**As Joy brightens winter like sunshine on snow.**

*Pray*

**Lord God, may we, your people, who look forward to the birthday of Christ**

**experience the joy of salvation and celebrate that feast with love and thanksgiving. We**

**ask this through Christ our Lord. AMEN.**

**THE PROCLAMATION OF THE WORD**

**Readers & Intercessors**

St Jn : Family / Family / Family / Gill P

St And : Joan D / Alison G / Alison B / Dorothy W

**+ The First Reading : Zephaniah 3:14-20**

**Canticle (Isaiah 12:2-6 – Ecce Deus)**

The great one in the midst of you  
is the Holy One of Israel.

**The great one in the midst of you  
is the Holy One of Israel.**

Surely, it is God who saves me;

I will trust in him and not be afraid.

For the Lord is my stronghold and my sure  
defense, and he will be my Saviour.

**The great one in the midst of you  
is the Holy One of Israel.**

Therefore you shall draw water with rejoicing  
from the springs of salvation.

And on that day you shall say,

Give thanks to the Lord and call upon his Name;

**The great one in the midst of you is the  
Holy One of Israel.**

Make his deeds known among the peoples;

see that they remember that his Name is exalted.

Sing the praises of the Lord,

for he has done great things,

and this is known in all the world.

**The great one in the midst of you is the  
Holy One of Israel.**

Cry aloud, inhabitants of Zion, ring out your joy,  
for the great one in the midst of you

is the Holy One of Israel.

**The great one in the midst of you is the  
Holy One of Israel.**

**+ Second Reading : Philippians 4:4-7**

**Gradual Hymn/Acclamation**

**+ THE HOLY GOSPEL : Luke 3:7-18**

**PRAYER REQUESTS**

We pray...for grace to be Jesus' hands, feet, voice,  
eyes & heart in the world...that we all may LIVE and  
BE the GOOD NEWS.

**OUR WORLD**

For the situation between Ukraine & Russia. For  
justice and peace in Yemen, the Holy Land and,  
indeed, the world over. For an end to hatred in all its  
forms. For our fellow Christians and all who are  
persecuted for their faith.

**OUR COMMUNION**

Pray for the peace and unity of the Church. Pray for  
our brothers and sisters of the Diocese of Kivu :  
Bishop Augustin Ahimana.

## OUR DIOCESE

For Mark, our Bishop and for our brothers and sisters who work in & support our Foodbanks...and for all whom the benefit. For the Highlands Supports Refugees and all who help. For our brothers & sisters of St Mary's in the Fields, Culloden. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## THE SCOTTISH EPISCOPAL INSTITUTE

(Those studying for ordination, layreadership & those who support them)

(16) Ordinand Harriet Oxlet, G & G (17) Ordinand Lesley Penny, Ed (18) Ordinand Kathryn Sanderson, MR&C (19) Ordinand Philip Schonken, MR&C (20) Ordinand Jean Souter, A&O (21) Ordinand Janet Spence, MR&C (22) Ordinand Gemma Stoddart, Ed

## OUR CHURCH & COMMUNITY

### FAMILY & FRIENDS

For Roberta. For Ania & Krystian. For Fr Arthur & Julia. For Brian. For Helen. For Paul & Family. For Dorothy. For Anne Maria. For Loretta & loved ones. For Cameron M., For Diana S. For R. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## A DAILY PRAYER for the WEEK

We pray to our Lord,  
who is the way, the truth, and the life.  
– *Come, and remain with us, Lord.*

Gabriel announced your coming to the Virgin Mary:  
Son of the most High, come to claim your kingdom.  
– *Come, and remain with us, Lord.*

John the Baptist rejoiced to see your day:  
come, bring us your salvation.  
– *Come, and remain with us, Lord.*

Simeon acknowledged you, Light of the World:  
bring your light to all men of goodwill.  
– *Come, and remain with us, Lord.*

We look for you as watchmen look for the dawn:  
you are the sun that will wake the dead to new life.  
– *Come, and remain with us, Lord.*

*In a moment of silence, call to mind the concerns of your own heart with those listed above and lift them up to God.*

*Conclude with the Lord's Prayer.*

## THIS WEEK

### MONDAY

12:15pm : Eucharist in St Andrew's Cathedral

### TUESDAY

3:30 – 6 : Fr Mel with piperlings of Cromarty

7:00pm : Eucharist in St Regulus'

### WEDNESDAY

10am : Study Group in Rectory

3:30-6pm : Fr Mel with piperlings of Fortrose/Munlochay

10:00am-1:00pm : CHARITY SHOP

**7:30pm : CAROLS by CANDLIGHT  
in St Regulus'**

## THURSDAY

10:00am : Eucharist in St Andrew's

3:30-5pm : Fr Mel with piperlings of Fortrose/Rosemarkie

## FRIDAY

**7:00pm : NORTH KESSOCK CAROL SING  
in the North Kessock Hall**

**7:30pm : OCTAVOCE  
CHRISTMAS CONCERT  
In St Andrew's**

## SATURDAY

10:00am – 1:00pm : CHARITY SHOP

**NEXT SUNDAY : 23 DECEMBER  
ADVENT 4**

**Eucharist**

8am & 11:30am in St Andrew's

9:45am in St Regulus'

9:45am in St John's

**Evensong**

4:30pm in St Andrew's

(Mic 5:2-5a / Ps 80:1-7 / Heb 10:5-10 / Lk 1:39-55)

**READERS & INTERCESSORS NEXT WEEK**

St And : Angus F / Michael H / Anna G / Simon S

St Jn : Ann D / Isla C / Bridie G / Donald G

## CHRISTMAS SERVICES

### CHRISTMAS EVE

**THE CRIB SERVICE**

**5:30pm in Saint John's**

### CAROLLING

**11:15pm in Saint Andrew's**

**and 11:30pm MIDNIGHT MASS begins!**

(Is 9:2-7 / Ps 96 / Tit 2:11-14 / Lk 2:1-7)

## CHRISTMAS DAY

**8am : Mass of the Dawn in St Andrew's**

(Is 9:2-7 / Tit 2:11-14 / Lk 2:1-14)

**9:45am : Carolling & Eucharist in St Regulus'**

(Is 62:6-12 / Ps (7 / Tit 3:4-7 / Lk 2:1-14)

**9:45am : Carolling & Eucharist in St John's**

(Is 52:7-10 / Ps 9s / Heb 1:1-4 (5-12) / Jn 1:1-14)

**11:30am : Carolling & Eucharist in St Andrew's**

(Is 52:7-10 / Ps 9s / Heb 1:1-4 (5-12) / Jn 1:1-14)

