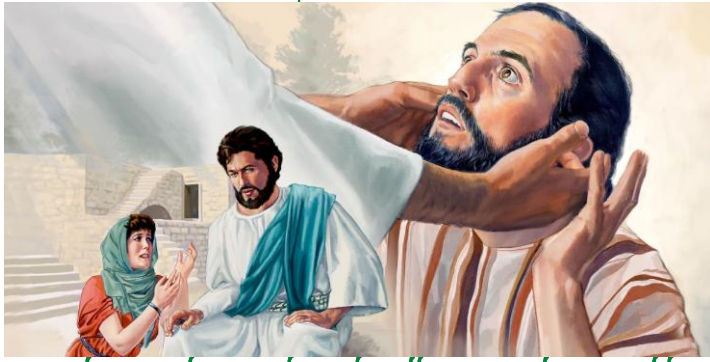


16th SUNDAY after PENTECOST

9 September 2018



Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle

Charity Number SCO10781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose
The Rev'd Canon (Father) Mel Langille

Priest & Rector

Phone: 01381 622 241 Email: melsagart@gmail.com

Charge Website: episcopalblackisle.scot

For a fuller newsletter, please contact Ramsay McGhee :
w.r.mcghee@btinternet.com

RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church.

Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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THE PROCLAMATION OF THE WORD

Readers & Intercessors

St J : St J : Susanna L / Jackie M / Ann D / Gill P

St A : Joan D / Ann B / Alison B / Joan D

+ **The First Reading : Isaiah 35:4-7a**

+ **Psalm 146:4-9**

The LORD lifts up those
who are bowed down.

**The LORD lifts up those
who are bowed down.**

Happy are they

who have the God of Jacob

for their help!

whose hope is in the LORD their God;

Who made heaven and earth, the seas,

and all that is in them;

who keeps his promise for ever;

**The LORD lifts up those
who are bowed down.**

Who gives justice to those who are oppressed,

and food to those who hunger.

The LORD sets the prisoners free;

the LORD opens the eyes of the blind;

**The LORD lifts up those
who are bowed down.**

The LORD lifts up those who are bowed down;

The LORD loves the righteous;

the LORD cares for the stranger;

he sustains the orphan and widow,

but frustrates the way of the wicked.

**The LORD lifts up those
who are bowed down.**

The LORD shall reign for ever,

your God, O Zion,

throughout all generations. Hallelujah!

**The LORD lifts up those
who are bowed down.**

+ **Second Reading : James 2:1-17**

Gradual Hymn/Acclamation

+ **THE HOLY GOSPEL : Mark 7:24-37**

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For justice and peace in the Holy Land and, indeed, the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Episcopal Church of the South Sudan.

OUR DIOCESE

For Mark, our Bishop and for our brothers and sisters of St Columba's, Nairn. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For Dorothy. For Ann. For Loretta & loved ones.

For A. For Cameron M., Diana S. For R. For

Teenie. For Ann & Ray N. For Marjorie T. For

Tom McC. For Mark W & loved ones. For Janet S

as she studies for ordination. For Louise &

Hayden J. For those whose relationships /

marriages are struggling. Pray for our Sunday

Club in St Regulus'. For our Teen Gatherings.

For Karen & her family in Guatemala. For James

and his work in Biblical translation in Nigeria.

For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Christ our Lord is mindful of all who need him, and does great things for love of them. Let us not be afraid to ask him for all our needs.

– *Show us your loving kindness.*

Lord, we know that the good things we have received today have come as a gift from you: may we receive them with thankfulness and learn how to give.

– *Show us your loving kindness.*

Saviour and light of all people, keep missionaries in your special care: may the light of your Spirit burn strongly in them.

– *Show us your loving kindness.*

Grant that the world may be filled with the knowledge of your truth; help us to carry out all you have called us to do.

– *Show us your loving kindness.*

You healed the sickness and pain of all people: Bring healing and comfort to all in need.

– *Show us your loving kindness.*

Give rest to the faithful departed; and bring them to praise you in eternity.

– *Show us your loving kindness.*

In a moment of silence, call to mind the concerns of your own heart and lift them up to God.

Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY

3:30 – 6pm : Fr Mel with Cromarty piperlings

7:00pm : Eucharist in St Regulus'

WEDNESDAY

10:00am-1:00pm : CHARITY SHOP

10:00am : Rectory Study Group (Epistle of James is the current topic)

3:30 – 6pm : Fr Mel with Fortrose & Munlochry Piperlings

THURSDAY

10:00am : Eucharist in St Andrew's
(St Cyprian of Carthage)

3:30- 6pm : Fr Mel with Fortrose piperlings

FRIDAY

10:00am : Eucharist in St Andrew's
(FEAST OF THE HOLY CROSS)

SATURDAY

10:00am – 1:00pm : CHARITY SHOP

The secret of a good sermon is to have a good beginning and a good ending; and to have the two as close together as possible. -- George Burns

(Dont think Fr Mel doesn't know what you are thinking! Hahaha)

**NEXT SUNDAY at ST ANDREW'S
the L'Arche Community of Inverness
will be visiting!
It would be nice
to mark this with a festive
Bring and Share meal afterwards!
Make our L'Arche sisters and
brothers feel truly welcome!!!**

**NEXT SUNDAY : 16 SEPTEMBER
PENTECOST 17
EUCCHARIST**

8am & 11:30am in St Andrew's (Fr Mel)

9:45am in St Regulus' (Rev Christine)

9:45am in St John's (Fr Mel)

EVENSONG

6:30pm in St Andrew's

Next Week's Readers & Intercessors

(Is 50:4-9a / Ps 116 / Jas 3:1-12 / Mk 8:27-38)

St J : Family / Family / Susanna L/ Gail S

St A : Michael H / Anna G / Angus F / Alison G

HOLY DAYS this WEEK

St Cyprian of Carthage

13 September

Born in Carthage in about the year 200, Cyprian was a teacher of rhetoric and a lawyer in the city before his conversion to Christianity. He gave away his pagan library and set his mind to study the sacred Scriptures and the commentaries that were beginning to proliferate. He became a priest and then, in the year 248, was elected Bishop of Carthage by the people of the city, together with the assembled priests and other bishops present. He showed compassion to returning apostates, whilst always insisting on the need for unity in the Church. During the persecution of Valerian, the Christian clergy were required to participate in pagan worship; Cyprian refused and was first exiled and then condemned to death.

He died on this day in the year 258.

EXALTATION of the HOLY CROSS

14 September

The cross on which our Lord was crucified has become the universal symbol for Christianity, replacing the fish symbol of the early church, though the latter has been revived in recent times. After the end of the persecution era, early in the fourth century, pilgrims began to travel to Jerusalem to visit and pray at the places associated with the life of Jesus. Helena, the mother of the emperor, was a Christian and, whilst overseeing excavations in the city, is said to have uncovered a cross, which many believed to be the Cross of Christ. A basilica was built on the site of the Holy Sepulchre and dedicated on this day in the year 335.