

# PENTECOST 19

30 September 2018



*Eaglais Easbaigeach na h-Alba san Eilean Dubh*  
**The Scottish Episcopal Church on the Black Isle**

Charity Number SC010781

St Regulus' Cromarty + St John's, Arnpfeellie + St Andrew's, Fortrose  
The Rev'd Canon (Father) Mel Langille

Priest & Rector

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## RECEIVING HOLY COMMUNION

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church.

Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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## THE PROCLAMATION OF THE WORD

+ **The First Reading : Numbers**

**11:4-6,10-16,24-29**

+ **Psalm 19:7-14**

You O Lord, are my strength  
and my redeemer.

**You O Lord, are my strength  
and my redeemer.**

The law of the Lord is perfect  
and revives the soul;  
the testimony of the Lord is sure  
and gives wisdom to the innocent.

**You O Lord, are my strength  
and my redeemer.**

The statutes of the Lord are just  
and rejoice the heart;

the commandment of the Lord is clear

and gives light to the eyes.

**You O Lord, are my strength  
and my redeemer.**

The fear of the Lord is clean  
and endures for ever;  
the judgements of the Lord are true  
and righteous altogether.

**You O Lord, are my strength  
and my redeemer.**

More to be desired are they than gold,  
more than much fine gold,  
sweeter far than honey, than honey in the comb.  
By them also is your servant enlightened,  
and in keeping them there is great reward.

**You O Lord, are my strength  
and my redeemer.**

Who can tell how often he offends?  
cleanse me from my secret faults.

Above all, keep your servant  
from presumptuous sins;  
let them not get dominion over me;  
then shall I be whole and sound,  
and innocent of a great offense.

**You O Lord, are my strength  
and my redeemer.**

Let the words of my mouth  
and the meditation of my heart  
be acceptable in your sight,  
O Lord, my strength and my redeemer

**You O Lord, are my strength  
and my redeemer.**

+ **Second Reading : James 5:13-20**

**Gradual Hymn/Acclamation**

+ **THE HOLY GOSPEL : Mark 9:38-50**

## PRAYER REQUESTS

We pray...for grace to be Jesus' hands, feet, voice,  
eyes & heart in the world...that we all may LIVE  
and BE the GOOD NEWS.

## OUR WORLD

For justice and peace in the Holy Land and, indeed,  
the world over. For an end to hatred in all its forms.  
For our fellow Christians and all who are persecuted  
for their faith.

## OUR COMMUNION

Pray for the peace and unity of the Church. Pray for  
our brothers and sisters of the Church in Uganda :  
Archbishop Stanley Ntagali.

## OUR DIOCESE

For Mark, our Bishop and for our brothers and  
sisters of Holy Trinity, Elgin; Burghead Mission; St  
Margaret's, Lossiemouth. Pray for our sister  
Dioceses (Quebec, Canada & Tuam, Killala and  
Achonry, Ireland).

## OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Helen. For Paul & Family. For Dorothy. For Anne Maria. For Loretta & loved ones. For A. For Cameron M., Diana S. For R. For Teenie. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Janet S as she studies for ordination. For Louise & Hayden J. For those whose relationships / marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

### A DAILY PRAYER for the WEEK

God our Father has bound himself to us in an everlasting covenant. In thankfulness and faith, we pray to him:

– *Lord, bless your people!*

In Christ you have given a new covenant to men: may they know the greatness which they have inherited.

– *Lord, bless your people!*

Gather into one all who bear the name of Christian, that the world may believe in the Christ you have sent.

– *Lord, bless your people!*

Pour out your love on our friends, and on all whom we know; may they carry with them the gentleness of Christ.

– *Lord, bless your people!*

Comfort the dying; may they know your saving love.

– *Lord, bless your people!*

Show your mercy to the dead; may they find their rest in Christ.

– *Lord, bless your people!*

In a moment of silence, call to mind the concerns of your own heart and lift them up to God.

Conclude with the Lord's Prayer.

### THIS WEEK

#### MONDAY

#### TUESDAY

7:00pm : Eucharist in St Regulus'

#### WEDNESDAY

10:00am-1:00pm : CHARITY SHOP

#### THURSDAY

10:00am : Eucharist in St Andrew's

#### FRIDAY

#### SATURDAY

10:00am – 1:00pm : CHARITY SHOP

## NEXT SUNDAY : 7 OCTOBER PENTECOST 20

### Eucharist

9:45am in St Regulus'

9:45am in St John's

11:30am in St Andrew's

### Reserved Sacrament

8am in St Andrew's

(Gen 2:18-24 / Ps 8 / Heb 1:1-4;2:5-12 / Mk 10:2-16)

### FR MEL on HOLIDAY

**I will be heading off to Canada  
to bury my Mum's ashes  
and baptize my great nephew!**

**I will be away later on 30 Sept  
and back 24 Oct.**

**In my absence,**

**the Rev'd Christine Mylne (01463 831 668)  
will be in charge.**

### BLESSING OF PETS

With Fr Mel heading off this St Francistide, the blessing at Munlochry has had to be postponed.

#### HOWEVER

On Fri 5 October at 7pm

There will be a Blessing Service  
for our animal friends

St St Andrew's Cathedral, Inverness

EVERYONE WELCOME

### ADVANCE NOTICE

**On Sunday the 28 of October**, upon Fr Mel's return, The Rev'd Deacon Anne Tomlinson who is the head of the Scottish Episcopal Institute (the SEI through which our clergy and layreaders are trained) will be our guest speaker at the 11:30am in St Andrew's. She will share with us valuable information about training and how we might support Janet on her path to ordination.

#### ALSO

**You will remember how Kyle Cameron** did a wee piping recital last year in St Andrew's for charity. He will do the same again along with two dancers...on that same Sunday...raising funds for Marie Currie Cancer Research and Water Aid. Please keep in mind and plan to stay an extra 10 to 15 mins for fine piping and dancing and kindly make a donation ☺

