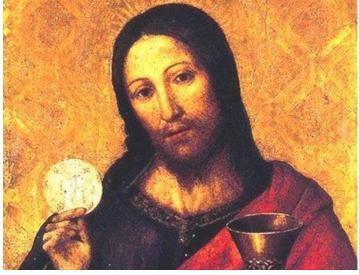
IIth SUNDAY after PENTECOST





Eaglais Easbaigeach na h-Alba san Eilean Dubh The Scottish Episcopal Church on the Black Isle

Charity Number SC010781 St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose The Rev'd Canon (Father) Mel Langille Priest & Rector

Phone: 01381 622 241 Email: melsagart@gmail.com Charge Website : episcopalblackisle.scot For a fuller newsletter, please contact Ramsay McGhee : w.r.mcqhee@btinternet.com

RECEIVING HOLY COMMUNION EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church. Please feel free to celebrate with us. If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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THE PROCLAMATION OF THE WORD

Readers & Intercessors St A : Alison B / Joan D / Ann B / Alison G St J : Gail S / Mairi M / Donald G / Bridie G

+ The First Reading : Exodus 16:2-4,9-15

+ Psalm 78:23-29

The Lord feeds his people the bread of angels.

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So he commanded the clouds above and opened the doors of heaven. He rained down manna upon them to eat and gave them grain from heaven.

The Lord feeds his people the bread of angels.

So mortals ate the bread of angels; he provided for them food enough. He caused the east wind to blow in the heavens and led out the south wind by his might.

The Lord feeds his people the bread of angels.

He rained down flesh upon them like dust and winged birds like the sand of the sea.

The Lord feeds his people the bread of angels.

He let it fall in the midst of their camp and round about their dwellings. So they ate and were well filled, for he gave them what they craved.

The Lord feeds his people the bread of angels.

+ Second Reading : Ephesians 4:1-16

Gradual Hymn/Acclamation

+ THE HOLY GOSPEL : John 6:24-35

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS. **OUR WORLD**

For justice and peace in the Holy Land. For justice & peace the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters throughout the Anglican Communion as they remember us today.

OUR DIOCESE

For Clare to be ordained priest on 11 August. For Mark, our Bishop and for our brothers and sisters of St John's, Inverness & St Michael's, Inverness. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY FAMILY & FRIENDS

For Calum Eòin MacCoinnich & Sara Millward to be married on 9 August. For Loretta & loved ones. For A. For Cameron M., Diana S. For R. For Teenie. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Dorothy & Trevor W. For Janet S and all who are discerning their vocation. For Louise & Hayden J. For those whose relationships/marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Through the gospel, the Lord Jesus calls us to share in his glory. Let us make our prayer with him to our heavenly Father.

– Lord, in your mercy hear our prayer.

We pray for all nations: that they may seek the way that leads to peace, that human rights and freedom may be everywhere respected, and that the world's resources may be generously shared.

- Lord, in your mercy hear our prayer.

We pray for the Church: that her leaders may be faithful ministers of your word, that all her members may be strong in faith and hope and that you may be recognized in the love she bears to all.

- Lord, in your mercy hear our prayer.

We pray for our families, and the community in which we live: that we may find you in them.

- Lord, in your mercy hear our prayer.

We pray for all people in their need: let your loving presence be known to them, bless and uphold them. – *Lord, in your mercy hear our prayer.*

We pray for ourselves: that in the coming week we may serve others in our work, and find peace when we rest. – *Lord, in your mercy hear our prayer.*

We pray for the faithful departed:

that through your mercy they may rest in peace. – Lord, in your mercy hear our prayer.

In a moment of silence, call to mind the concerns of your own heart and lift them up to God.

Conclude with the Lord's Prayer.

THIS WEEK MONDAY

MONDAY

12:15pm : Eucharist in Inverness Cathedral (Transfiguration of Our Lord)

TUESDAY

7:00pm : Eucharist in St Regulus' (St Boisil of Melrose)

WEDNESDAY

10:00am : EUCHARIST IN ST ANDREW'S (St John Mason Neale)

10:00am : 1:00pm : CHARITY SHOP

THURSDAY

10:00am : Shifted to Wednesday because of St Bon Fair

FRIDAY

SATURDAY

10:00am – 1:00pm : CHARITY SHOP

NEXT SUNDAY : 12 AUGUST : PENTECOST 121 EUCHARIST

8am & 11:30am in St Andrew's (Fr Mel) 9:45am in St Regulus' (Fr Mel) 9:45am in St John's (Fr Arthur)

EVENSONG

6:30pm in St Andrew's (1 Kg 19:4-8 / Ps 34 / Eph 4:25-5:2 / Jn 6:35,41-51) Readers & Intercessors St A : Angus F / Michael H / Anna G / Dorothy W St J : Diana M / Jackie M / Isla C / Gail S

SAINTS this WEEK

St Boisil of Melrose : 7 August

Boisil is chiefly known to us through his influence on the young St.Cuthbert. He was prior of Melrose, under the abbot Eata, when Cuthbert, aged about 17 and after his vision of St. Aidan's soul being taken up into heaven, decided to become a monk. It was chiefly through Boisil's reputation as a holy man that Cuthbert chose Melrose as his

community. Boisil is said to have been standing at the gate as Cuthbert approached the monastery, and immediately to have recognised the spiritual potential in the new arrival. He seems to have been an important teacher and friend to Cuthbert, who took him as a role model, not least in his missionary journeys by foot in search of those who had not yet heard of the faith of Christ. When Cuthbert was in his late 20s both he and Boisil caught the plague; Cuthbert recovered, but Boisil had 7 days' warning of his own death. The two of them spent



these days in reading together St. John' Gospel, which Boisil had in a copy conveniently divided into 7 sections. Boisil had a gift of prophecy, and predicted that Cuthbert would become a bishop: a saying that haunted Cuthbert until it finally came true. After Boisil's death Cuthbert succeeded him as prior of Melrose.

One story of Boisil which is not connected with Cuthbert tells how he intervened to prevent another English monk, Egbert, from taking part in person in a mission to the Germans. Boisil, now a saint in heaven, appeared in a vision to another of his former pupils, to tell him to inform Egbert that it was not God's will that he should go, and Egbert finally reluctantly agreed.

It seems that Boisil, who died in about 661, was held in great respect in his neighbourhood, and the little town of St. Boswell's, not far from Melrose, is named after him. Like many another good teacher, his fame finally rested mainly on those whom he influenced.

St John Mason Neale : 9 August



John Mason Neale was born in 1818 and, whilst an undergraduate at Cambridge, was influenced by the ideas of the Tractarians. He was a founder of the Cambridge Camden Society, which stimulated interest in ecclesiastical art and which played a part in the revival of Catholic ritual in the Church of England. Whilst Warden of Sackville College, East Grinstead, a post he held from 1846, Neale co-founded the Society of St

Margaret, which grew into one of the largest of Anglican women's Religious communities...dedicated (at that time) to nursing the sick and the poor. Neale is remembered as an accomplished hymn-writer (our red hymnbook lists him as author/translator of no less than 32 hymns in it alone...he also wrote, Good King Wenceslaus) and his influence on Episcopalian/Anglican worship has been considerable. He visited our own St Andrew's prior to the additions made by Fr Spence Ross' time. He is an ancestor of Betty Marshall and family and we are blessed to possess a chasuble once owned by him...along with a stole and two maniples! He suffered frail health for many years and died on the feast of the Transfiguration in 1866.