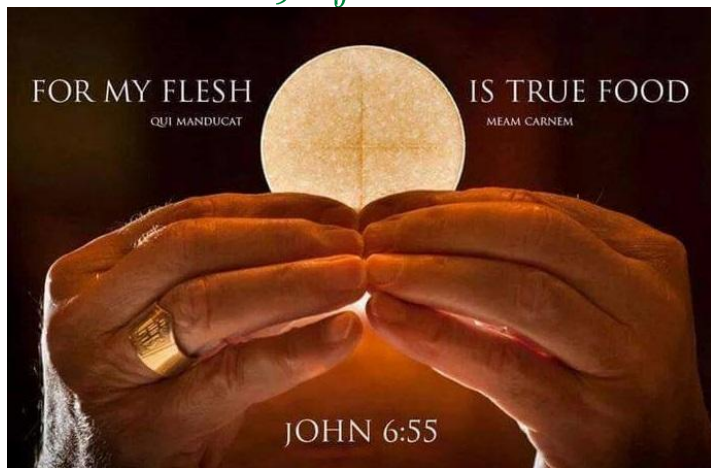


# 13<sup>th</sup> SUNDAY after PENTECOST

19 August 2018



*Eaglais Easbaigeach na h-Alba san Eilean Dubh  
The Scottish Episcopal Church on the Black Isle*

*Charity Number SCO10781*

*St Regulus' Cromarty + St John's, Arnpaferlie + St Andrew's, Fortrose*

*The Rev'd Canon (Father) Mel Langille*

*Priest & Rector*

*Phone: 01381 622 241 Email: melsagart@gmail.com*

*Charge Website: episcopalblackisle.scot*

*For a fuller newsletter, please contact Ramsay McGhee:*

*w.r.mcgee@btinternet.com*

## RECEIVING HOLY COMMUNION

**EVERYONE WHO IS BAPTISED IS WELCOME**

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church.

Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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## THE PROCLAMATION OF THE WORD

### Readers & Intercessors

**St A : Louise J / Helen K / Heather I / Simon S**

**St J : Bridie G / Family / Family / Mairi M**

+ **The First Reading : Proverbs 9:1-6**

+ **Psalm 34:8-14**

Taste and see that the Lord is good;  
happy are they who trust in him!

**Taste and see that the Lord is good;  
happy are they who trust in him!**

Fear the Lord, you that are his saints,  
for those who fear him lack nothing.  
The young lions lack and suffer hunger,  
but those who seek the Lord  
lack nothing that is good.

**Taste and see that the Lord is good;  
happy are they who trust in him!**

Come, children, and listen to me;  
I will teach you the fear of the Lord.

Who among you loves life  
and desires long life to enjoy prosperity?

**Taste and see that the Lord is good;  
happy are they who trust in him!**

Keep your tongue from evil-speaking  
and your lips from lying words.

Turn from evil and do good;  
seek peace and pursue it.

**Taste and see that the Lord is good;  
happy are they who trust in him!**

+ **Second Reading : Ephesians 5:15-20**

**Gradual Hymn/Acclamation**

+ **THE HOLY GOSPEL : John 6:51-58**

## PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

## OUR WORLD

For justice and peace in the Holy Land and, indeed, the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

## OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church of South India : Bishop Thomas Kanjirappally Oomen

## OUR DIOCESE

For Patsy Thomson as she is installed as Warden of Layreaders. For Canon Sarah Hills as she is installed as Canon Reconciler & Canon Joe Morrow as he is installed as Diocesan Chancellor. For Mark, our Bishop and for our brothers and sisters of St Mary's, Allness / St Ninian, Invergrdon / St Anne's, Strathpeffer / St James', Dingwall. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

## OUR CHURCH & COMMUNITY

### FAMILY & FRIENDS

For all the teachers, students & staff of our schools as the summer hols come to an end. For Ann. For Loretta & loved ones. For A. For Cameron M., Diana S. For R. For Teenie. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Dorothy & Trevor W. For Janet S as she prepares to begin her studies toward ordination. For Louise & Hayden J. For those whose relationships/marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

## A DAILY PRAYER for the WEEK

In the Church, God has made known to us his hidden purpose: to make all things one in Christ.

Let us pray that his will may be done.

– *Father, unite all things in Christ.*

We give you thanks for the presence and power of your Spirit in the Church: give us the will to search for unity, and inspire us to pray and work together.

– *Father, unite all things in Christ.*

We give you thanks for all whose work proclaims your love: help us to serve the communities in whose life we share.

– *Father, unite all things in Christ.*

Father, care for all who serve in the Church as ministers of your word and sacraments: may they bring your whole family to the unity for which Christ prayed.

– *Father, unite all things in Christ.*

We pray for all people in their need: let your loving presence be known to them, bless and uphold them.

– *Father, unite all things in Christ.*

Your people have known the ravages of war and hatred: grant that they may know the peace left by your Son.

– *Father, unite all things in Christ.*

Fulfil the hopes of those who sleep in your peace: bring them to that final resurrection when you will be all in all.

– *Father, unite all things in Christ.*

In a moment of silence, call to mind the concerns of your own heart and lift them up to God.

Conclude with the Lord's Prayer.

## THIS WEEK

### MONDAY

12:15pm : Eucharist in Inverness Cathedral  
(St Bernard of Clairvaux)

### TUESDAY

7:00pm : Eucharist in St Regulus'

### WEDNESDAY

10:00am-1:00pm : CHARITY SHOP

### THURSDAY

10:00am : Eucharist in St Andrew's  
(St Bartholomew)

### FRIDAY

Fr Mel away to assist the Primus in the Consecration of Fr Andrew Swift as the new Bishop of Brechin. (Back Saturday)

### SATURDAY

10:00am – 1:00pm : CHARITY SHOP

## NEXT SUNDAY : 26 AUGUST :

### PENTECOST 14

### EUCCHARIST

8am & 11:30am in St Andrew's (Fr Mel)

9:45am in St Regulus' (Fr Mel)

9:45am in St John's (Rev Christine)

### EVENSONG

6:30pm in St Andrew's

### Next Week's Readers & Intcessors

(Jos 24:1-2a,14-18 / Ps 34 / Eph 6:10-20 / Jn 6:56-69)

St And : Jan M / Betty M / Joan M / Ramsay M

St Jn : Alan D / Gill P / Ann D / Donald G

## SAINTS this WEEK

### Saint Bernard of Clairvaux : 20 August

Bernard was born at Fontaines, near Dijon, in France in the year 1090. He entered the

Benedictine abbey at Cîteaux in 1112, taking with him many of his young companions, some of

whom were his own brothers. He was a leader of the reform within Benedictinism at this time and in 1115 was sent to establish a new monastery at a place he named Clairvaux, or valley of light.

Though times were hard, he built up the community with his remarkable qualities of leadership. Bernard preached widely and powerfully and proved himself a theologian of renown. Literally hundreds of houses were founded on the Cîteaux or Cistercian system and Bernard's influence on his own generation and beyond was immense. He died on this day in 1153.

"What we love we shall grow to resemble."

-Saint Bernard of Clairvaux



Through the Eucharist the eternal reality of Christ is something we are united with, pass into, and become a part of.



FR. DWIGHT LONGENECKER

From his book, *More Christianity*

Ignatius Press facebook.com/ignatiuspress

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