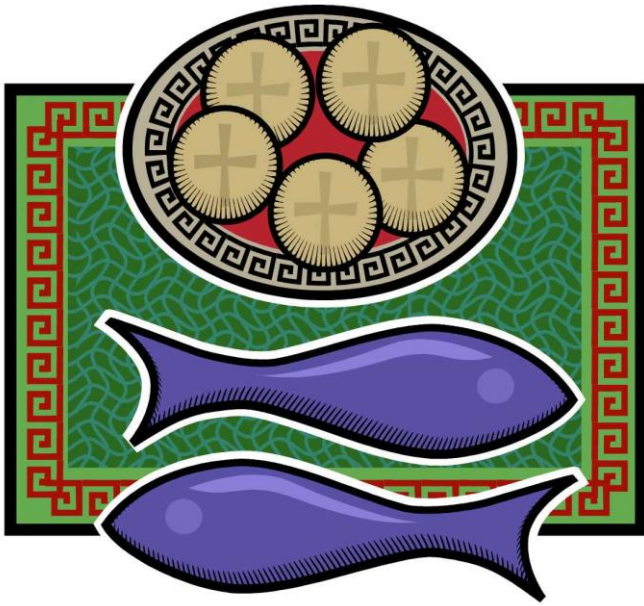


10th SUNDAY after PENTECOST

29 July 2018



Eaglais Easbaigeach na h-Alba san Eilean Dubh
The Scottish Episcopal Church on the Black Isle

Charity Number SCO10781

St Regulus' Cromarty + St John's, Arpafeelie + St Andrew's, Fortrose
The Rev'd Canon (Father) Mel Langille

Priest & Rector

Phone: 01381 622 241 Email: melsagart@gmail.com

Charge Website : episcopalblackisle.scot

For a fuller newsletter, please contact Ramsay McGhee :
w.r.mcghee@btinternet.com

RECEIVING HOLY COMMUNION

EVERYONE WHO IS BAPTISED IS WELCOME

to share with us in Communion at all services. There is no need to be a member of the Episcopal Church.

Please feel free to celebrate with us.

If you are not baptised or would prefer, you are welcome to come forward and receive a blessing (simply come forward with hands together and head bowed as a sign to the priest).

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THE PROCLAMATION OF THE WORD

Readers, Intercessors, Servers & Eucharistic Ministers:

St John's : Reader 1 & Eucharistic Minister

St Regulus' : Reader 2 & Psalm leader

St Andrew's : Servers & Eucharistic Minister

+ **The First Reading : 2 Kings 4:42-44**

+ **Psalm 145:10-19**

You open wide your hand
and satisfy the needs of every living creature.

**You open wide your hand
and satisfy the needs
of every living creature.**

All your works praise you, O Lord

And your faithful servants bless you.

They make known the glory of your kingdom
And speak of your power;

**You open wide your hand
and satisfy the needs
of every living creature.**

That the people may know of your power
and the glorious splendour of your kingdom.
Your kingdom is an everlasting kingdom;
your dominion endures throughout all ages.

**You open wide your hand
and satisfy the needs
of every living creature.**

The Lord is faithful in all his words
and merciful in all his deeds.

The Lord upholds all those who fall;
he lifts up those who are bowed down.

The eyes of all wait upon you, O Lord,
and you give them their food in due season.

**You open wide your hand
and satisfy the needs
of every living creature.**

The Lord is righteous in all his ways
and loving in all his works.

The Lord is near to those who call upon him,
to all who call upon him faithfully.

**You open wide your hand
and satisfy the needs
of every living creature.**

+ **Second Reading : Ephesians 3:14-21**

Gradual Hymn/Acclamation

+ **THE HOLY GOSPEL : John 6:1-21**

PRAYER REQUESTS

For grace to be Jesus' hands, feet, voice, eyes & heart in the world...that we all may LIVE and BE the GOOD NEWS.

OUR WORLD

For justice and peace in the Holy Land. For justice & peace the world over. For an end to hatred in all its forms. For our fellow Christians and all who are persecuted for their faith.

OUR COMMUNION

Pray for the peace and unity of the Church. Pray for our brothers and sisters of the Church in Rwanda (L'Eglise Anglicane au Rwanda) : Bishop Onesphore Rwaje.

OUR DIOCESE

For Clare to be ordained priest on 11 August. For Mark, our Bishop and for our brothers and sisters of St Mary in the Fields, Culloden. Pray for our sister Dioceses (Quebec, Canada & Tuam, Killala and Achonry, Ireland).

OUR CHURCH & COMMUNITY

FAMILY & FRIENDS

For Calum Eòin MacCoinnich & Sara Millward to be married on 9 August. For Loretta & loved ones. For A. For Cameron M., Diana S. For R. For Teenie. For Ann & Ray N. For Marjorie T. For Tom McC. For Mark W & loved ones. For Dorothy & Trevor W. For Janet S and all who are discerning their vocation. For Louise & Hayden J. For those whose relationships/marriages are struggling. Pray for our Sunday Club in St Regulus'. For our Teen Gatherings. For Karen & her family in Guatemala. For James and his work in Biblical translation in Nigeria. For all we know to be in need of our prayers.

A DAILY PRAYER for the WEEK

Christ is the Head of his body, the Church, and we are the members of that body; gathered this evening to pray in his name, we say:

– *Your kingdom come!*

May your Church be a light to the nations, the sign and source of your power to unite all people: may she lead humankind to the mystery of your love.

– *Your kingdom come!*

Guide Bishop Mark and all the bishops of your Church: grant them the gifts of unity, of love, and of peace.

– *Your kingdom come!*

Lord, give peace to our troubled world; and give to your children security of mind and freedom from anxiety.

– *Your kingdom come!*

Help us to bring your compassion to the poor, the sick, the lonely, the unloved; lead us to find you in the coming week.

– *Your kingdom come!*

We pray for all people in their need: let your loving presence be known to them, bless and uphold them.

– *Your kingdom come!*

Awaken the dead to a glorious resurrection:

may we be united with them at the end of time.

– *Your kingdom come!*

In a moment of silence, call to mind the concerns of your own heart and lift them up to God.

Conclude with the Lord's Prayer.

THIS WEEK

MONDAY

12:15pm : Eucharist in Inverness Cathedral

TUESDAY

7:00pm : Eucharist in St Regulus'

WEDNESDAY

10:00am : 1:00pm : CHARITY SHOP

THURSDAY

10:00am : Eucharist in St Andrew's

7:30pm : KYIV CLASSIC ACCORDION DUO

in Saint Andrew's

FRIDAY

SATURDAY

10:00am – 1:00pm : CHARITY SHOP

NEXT SUNDAY : 5 AUGUST :

PENTECOST 11

EUCHARIST

8am & 11:30am in St Andrew's (Fr Mel)

9:45am in St John's (Fr Mel)

RESERVED SACRAMENT

9:45am in St Regulus (Jill & Simon)

EVENSONG

6:30pm in St Andrew's

(Ex 16:2-4,9-15 / Ps 78 / Eph 4:1-16 / Jn 6:24-35)

Readers & Intercissors

St A : Alison B / Joan D / Ann B / Alison G

St J : Gail S / Mairi M / Donald G / Bridie G

SAINTS this WEEK



Sts Mary, Martha & Lazarus of Bethany: 29 July

The gospels describe how Mary, Martha and their brother Lazarus gave Jesus hospitality in their home at Bethany outside Jerusalem. Jesus is said to have loved all three. After Lazarus' death, he wept and was

moved by the sisters' grief to bring Lazarus back from the dead. Martha recognised Jesus as the Messiah, while Mary anointed his feet and, on another occasion, was commended by Jesus for her attentiveness to his teaching while Martha served. From this, Mary is traditionally taken to be an example of the contemplative life and Martha an example of the active spiritual life.

St Ignatius Loyola : 31 July

Born in 1491, the son of a Basque nobleman, Ignatius served as a soldier and was wounded at the siege of Pamplona in 1521. During his convalescence he read a Life of Christ, was converted and lived a life of prayer and penance, during which he wrote the first draft of his Spiritual Exercises. He gathered six disciples, and together they took vows of poverty and chastity and promised to serve the Church either by preaching in Palestine or in other ways that the Pope thought fit. By 1540, Ignatius had won papal approval for his embryonic order and the Society of Jesus was born. For the next sixteen years he directed the work of the Jesuits as it spread around the world, until his sudden death on this day in 1556.